

Supports heart, brain, and skin health.\* Premium quality omega-3 for the maintenance of good health.\*

**Directions:**

Shake well before each use. Adults and adolescents 14 years and older: 1 teaspoon (tsp) daily with food.

Refrigerate after opening and consume within 100 days.

**Keep out of reach of children.**

Do not use if safety seal is broken or missing.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**Pure**™  
Check for yourself.

Just one  
teaspoon a day

**Clean, Light Taste**

No fishy burp back

**Easy to Absorb**

Premium quality liquid form

**Guaranteed Pure**

View test results online  
at [purecheck.net](http://purecheck.net)

**FISH OIL  
SUPPLEMENT**

**16 fl. oz.  
(1 pt) (473 mL)**



**Nature's  
Way**

**Ultra Pure  
Omega3**

**1250 mg  
EPA/DHA  
per teaspoon**

Grapefruit Tangerine Flavored

## Supplement Facts

Serving Size 1 teaspoon (tsp) (5 mL)  
Servings per Container 94

| Amount per Serving          | % DV   |     |
|-----------------------------|--------|-----|
| Calories                    | 40     |     |
| Total Fat                   | 4.5 g  | 6%† |
| Saturated Fat               | 1 g    | 5%† |
| Trans Fat                   | 0 g    | **  |
| Polyunsaturated Fat         | 2 g    | **  |
| Monounsaturated Fat         | 1 g    | **  |
| Cholesterol                 | 30 mg  | 10% |
| Fish Oil                    | 4.6 g  | **  |
| Total EPA/DHA               | 1.25 g | **  |
| Eicosapentaenoic Acid (EPA) | 750 mg | **  |
| Docosahexaenoic Acid (DHA)  | 500 mg | **  |

†Percent Daily Values (DV) are based on a 2,000 calorie diet. \*\*Daily Value not established.

Other ingredients: natural flavors, mixed tocopherols and green tea extract (preservatives to maintain freshness), luo han guo extract

Contains fish (anchovy, sardine, mackerel, herring).



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**Questions?**  
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