

Fiber Made Easy

- Simple — just pour and drink
- No mixing, no mess, no hassle
- 5g of fiber per Tablespoon
- Small, potent dose



Dual-Action Blend

- Soluble vegetable fiber for digestive health*
- scFOS prebiotic fiber to support healthy intestinal microflora*

15 Calories per Tablespoon

- Sugar-free (sweetened with stevia)

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, dairy products, or artificial colors.

Keep out of reach of children.

Tamper Evident. Safety sealed with outer shrink-sleeve over bottle cap and printed inner seal. Do not use if either seal is broken, punctured or missing.

NutraFlora® is a registered trademark of Ingredion.

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 **VEGETARIAN**



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Gluten Free

SINCE

Nature's
Way

1969

Sugar Free

Alive!

Liquid Fiber

with **PREBIOTICS**

DIGESTIVE HEALTH*

5g Fiber per Tablespoon

Orchard Fruits™ & Garden Veggies™ Powder Blend
(100 mg per Tablespoon)

TROPICAL CITRUS FLAVORED

32 SERVINGS • FIBER SUPPLEMENT • 16 FL OZ (1 pt) (480 mL)

Recommendation: Shake well before use. For 5 grams of fiber take 1 Tablespoon (0.5 fl oz or 15 mL). For 10 grams of fiber take 2 Tablespoons (1 fl oz or 30 mL). May be taken up to two times per day. Formulated for adults and children 12 years of age and older. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

	1 Tablespoon 0.5 fl oz (15 mL)	2 Tablespoons 1 fl oz (30 mL)
Serving Size		
Servings per Container	32	16
Amount per Serving	% DV	% DV
Calories	15	25
Total Carbohydrate	6 g 2%†	12 g 4%†
Dietary Fiber	5 g 18%†	10 g 36%†
Soluble Fiber	5 g **	10 g **
Insoluble Fiber	0 g **	0 g **
Total Sugars	0 g **	0 g **
Includes 0 g Added Sugars	0%†	0%†
Sugar Alcohol	0 g **	0 g **
Soluble Vegetable Fiber (resistant dextrin)	4 g **	8 g **
NutraFlora® scFOS (contains short-chain fructooligosaccharides)	1 g **	2 g **
Orchard Fruits™ and Garden Veggies™ Powder Blend: Orange, Blueberry, Carrot, Pomegranate, Plum, Strawberry, Pear, Apple, Beet, Raspberry, Cherry, Pineapple, Pumpkin, Cauliflower, Grape, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Pea, Spinach, Tomato	100 mg **	200 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: purified water, natural flavors, citric acid (preservative to maintain freshness), potassium sorbate (preservative to maintain freshness), malic acid, stevia leaf extract, xanthan gum

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