

SUGGESTED USE: As a dietary supplement, take 1 tablet 3 times daily with meals.

KEEP OUT OF THE REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

**CAUTION:** Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement

This product is not intended to diagnose, treat, cure, or prevent any disease. These statements have not been evaluated by the Food & Drug Administration, (FDA).



Proudly Distributed Worldwide By:  
**Natural Guardian International**  
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| Supplemental Facts                                                                                             |                    |               |
|----------------------------------------------------------------------------------------------------------------|--------------------|---------------|
| Serving Size: 1 Tablet                                                                                         | Amount Per Serving | % Daily Value |
| Vitamin A (As Beta Carotene)                                                                                   | 10,000 IU          | 200 %         |
| Vitamin C (As Ascorbic Acid)                                                                                   | 1000 mg            | 1667%         |
| Vitamin D (As Cholecalciferol)                                                                                 | 400 IU             | 100 %         |
| Vitamin E (As D-Alpha Toco, Acetate)                                                                           | 400 IU             | 1333%         |
| Vitamin K-1 (Phytonadione)                                                                                     | 100 mcg            | 125 %         |
| Vitamin B-1 (As Thiamine Mononitrate)                                                                          | 50 mg              | 3333%         |
| Vitamin B-2 (As Riboflavin)                                                                                    | 50 mg              | 2941%         |
| Niacin (As Niacinamide)                                                                                        | 50 mg              | 250 %         |
| Vitamin B-6 (As Pyridoxine HCL)                                                                                | 50 mg              | 2500%         |
| Folic Acid                                                                                                     | 400 mcg            | 100 %         |
| Vitamin B12 (As Cyanocobalamin)                                                                                | 100 mcg            | 1667%         |
| Biotin                                                                                                         | 100 mcg            | 33 %          |
| Pantothenic Acid (As Calcium Pantothenate)                                                                     | 50 mg              | 500 %         |
| Calcium (Carbonate/Phosphate/Citrate)                                                                          | 500 mg             | 50 %          |
| Phosphorus (Di-Calcium Phosphate)                                                                              | 50 mg              | 5 %           |
| Iodine (From Kelp)                                                                                             | 150 mcg            | 100 %         |
| Magnesium (As Oxide/Citrate)                                                                                   | 250 mg             | 63 %          |
| Zinc (Amino Acid Chelate)                                                                                      | 15 mg              | 100 %         |
| Selenium (As Amino Acid Chelate)                                                                               | 200 mcg            | 286 %         |
| Copper (As Amino Acid Chelate)                                                                                 | 1 mg               | 50 %          |
| Manganese (As Amino Acid Chelate)                                                                              | 5 mg               | 250 %         |
| Chromium (As Picolinate/ Polynicotinate)                                                                       | 200 mcg            | 167 %         |
| Molybdenum (As Amino Acid Chelate)                                                                             | 100 mcg            | 133 %         |
| Potassium (As Chloride)                                                                                        | 50 mg              | 1 %           |
| Chloride (As Potassium Chloride)                                                                               | 100 mg             | 3 %           |
| Vegetable Complex                                                                                              | 250 mg             | *             |
| (From Broccoli, Celery, Parsley, Cauliflower, Carrots, Spinach, Yams, Collard Greens, Kale, & Brussel Sprouts) |                    |               |
| Fruit Complex                                                                                                  | 250 mg             | *             |
| (From Oranges, Lemons, Tangerines, Grapefruits And Limes)                                                      |                    |               |
| Spirulina                                                                                                      | 250 mg             | *             |
| Citrus Bioflavonoids                                                                                           | 75 mg              | *             |
| Acidophilus (4 Billion / Gram)                                                                                 | 25 mg              | *             |
| Soy Isoflavins (40% Complex)                                                                                   | 25 mg              | *             |
| Mushroom Complex                                                                                               | 30 mg              | *             |
| (From Shittake, Reishi And Maitake)                                                                            |                    |               |

| Supplemental Facts                                                                                                                                                                                                 |                    |               |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|---------------|
|                                                                                                                                                                                                                    | Amount Per Serving | % Daily Value |
| Para-Aminobenzoic Acid                                                                                                                                                                                             | 50 mg              | *             |
| Hesperidin Complex                                                                                                                                                                                                 | 25 mg              | *             |
| Rutin                                                                                                                                                                                                              | 25 mg              | *             |
| Quercetin Dihydrate                                                                                                                                                                                                | 5 mg               | *             |
| RNA / DNA Complex                                                                                                                                                                                                  | 10 mg              | *             |
| Choline Bitartrate                                                                                                                                                                                                 | 50 mg              | *             |
| Inositol (As Hexonicotinate)                                                                                                                                                                                       | 50 mg              | *             |
| Boron (As Amino Acid Chelate)                                                                                                                                                                                      | 3 mg               | *             |
| Lecithin                                                                                                                                                                                                           | 1 mg               | *             |
| CoEnzyme Q10                                                                                                                                                                                                       | 10 mg              | *             |
| Grape Seed Extract                                                                                                                                                                                                 | 25 mg              | *             |
| Pine Bark (90-95% Extract)                                                                                                                                                                                         | 25 mg              | *             |
| Green Tea Extract                                                                                                                                                                                                  | 25 mg              | *             |
| Barley Grass                                                                                                                                                                                                       | 30 mg              | *             |
| Panax Ginseng (10% Extract)                                                                                                                                                                                        | 30 mg              | *             |
| Siberian Ginseng (Herb Powder)                                                                                                                                                                                     | 30 mg              | *             |
| Flax Seed Powder                                                                                                                                                                                                   | 30 mg              | *             |
| Oat Bran (Herb Powder)                                                                                                                                                                                             | 25 mg              | *             |
| Digestive Enzyme Complex                                                                                                                                                                                           | 110 mg             | *             |
| (Betaine Hcl, Papain, Bromelain, Cellulase, Trypsin, Lipase, Amylase)                                                                                                                                              |                    |               |
| Trace Mineral Complex (Bentonite Clay)                                                                                                                                                                             | 1 mg               | *             |
| Proprietary Blend                                                                                                                                                                                                  | 205 mg             | *             |
| Ginkgo Biloba (24%) 30 mg., Bilberry (5:1 Extract) 30 mg., Gotu Kola (Powder) 30 mg., Lecithin 25 mg., Yellow Dock (Powder) 30 mg., Garlic (Powder) 30 mg., Licorice Root (Powder) 30 mg., And Apple Pectin 15 mg. |                    |               |
| * % Daily Value Not Established.                                                                                                                                                                                   |                    |               |
| Other Ingredients: Magnesium Stearate, Stearic Acid, and Microcrystalline Cellulose                                                                                                                                |                    |               |
| ALLERGEN WARNING: Contains Soy (Isoflavones).                                                                                                                                                                      |                    |               |
| CAUTION: This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, fish and crustacean shellfish.                                                             |                    |               |