

# Sleep tonight™

## SLEEP TONIGHT FOR A BETTER TOMORROW.

An easy to take, once daily quick-dissolving lozenge, Nature's Way® Sleep Tonight Melatonin Lozenges are a non-habit forming, nighttime sleep aid.\*

Greet tomorrow refreshed and ready to take on the day.

 **VEGETARIAN**

\*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## A GOOD DAY STARTS WITH A GOOD NIGHT.

Melatonin lozenges help you fall asleep so you can have a more productive tomorrow.\*

Melatonin is a hormone produced by the pineal gland that helps regulate the sleep cycle and promote restful sleep.\* Our melatonin is carefully tested and produced to superior quality standards.



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## MELATONIN LOZENGES

2.5 mg POTENCY

Promotes sleep\*

Dietary Supplement **90** Lozenges

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**Recommendation:** Adults take 1 lozenge daily. Dissolve in mouth and swallow. Best taken before bedtime.

**Warning:** Do not use this product if you are pregnant, attempting to become pregnant, nursing, taking any medications, being treated for depression, diabetes, seizures, blood clotting disorders, or disorders of the immune or endocrine systems, unless advised by a healthcare professional. Avoid taking with alcohol or products that increase drowsiness. Do not take melatonin while operating a motor vehicle or machinery, and do not exceed suggested dose without the advice of a healthcare professional.

### Supplement Facts

Serving Size 1 Lozenge

Amount per Serving		% DV
Total Carbohydrate	0 g	0%†
Total Sugars	0 g	**
Includes 0 g Added Sugars		0%†
Sugar Alcohol	0 g	**
Melatonin	2.5 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. \*\*Daily Value not established.

Other ingredients: sorbitol, magnesium stearate, natural flavor

**Keep out of reach of children.** Safety sealed with printed inner seal. Do not use if seal is broken or missing.

**GLUTEN FREE.** No sugar, salt, yeast, wheat, soy, dairy products, or artificial colors, flavors, or preservatives.

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**Questions?** 1-800-9NATURE / naturesway.com