

100% HDS Probiotics™

Unique Human Digestive Strains

Originated from human microflora

Compatible with your digestive, vaginal and urinary tracts

Not from plant, soil, animal or dairy sources



NO REFRIGERATION • GLUTEN/DAIRY FREE

NEW LOOK
SAME POWERFUL FORMULA



fortify
Optima®
PROBIOTIC

50 Billion

Live probiotic cultures per capsule

Women's
Promotes Vaginal
& Urinary Health*

30 Delayed Release Vegetarian Capsules
PROBIOTIC SUPPLEMENT with Researched Strains

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Delayed Release Vegetarian Capsules



Made to **resist stomach acid** and help deliver active probiotics to the intestine



LBN10336.04 BLK8850



Supplement Facts

Take 1 capsule daily. May be taken at any time, with or without food. If taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule	
Amount Per Serving	% DV
Fortify™ Optima® Women's	340 mg **
50 billion CFU proprietary blend	
Lactobacilli HDS Probiotics	
<i>L. acidophilus</i> HDS (La-14)	
<i>L. acidophilus</i> HDS (NCFM®)	
<i>L. gasseri</i> (Lg-36)	
Bifidobacteria HDS Probiotics	
<i>B. lactis</i> HDS (BI-04®)	
<i>B. lactis</i> HDS (BI-07®)	
<i>B. infantis</i> HDS (BI-26)	
<i>B. lactis/bifidum</i> HDS (Bb-02)	

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose, gellan gum), magnesium stearate, silica

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Questions? 1-800-9NATURE /
naturesway.com

GLUTEN & DAIRY FREE

No artificial colors or preservatives

SHELF STABLE • NO REFRIGERATION

50 billion CFU potency guaranteed until expiration date when stored in a dry place at 73°F (23°C) or below.

Keep out of reach of children. Safety sealed in blister units. Do not use if individual blisters are open or torn.

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8 Probiotic Strains for Women's Balance

50 billion active probiotics including researched strains NCFM® and BI-04®

High ratio of Lactobacilli
The dominant good bacteria found in a healthy vaginal and urinary tract*

Plus Bifidobacteria
To support colon health*

Fortifies and balances vaginal, urinary and intestinal microflora*

Promotes healthy:

- vaginal pH*
- urinary tract health*
- digestion*
- immunity*

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