



Gluten-Free



Dairy-Free



Soy-Free



Nut-Free

RELORA® CALM

CLINICALLY STUDIED
INGREDIENT

mood support ▼

supports relaxation ▼

stress support ▼

HERB

Supplement Facts

Serving Size 1 Vegetable Capsule

	Amount Per Serving	% Daily Value
Magnesium (from magnesium oxide)	100 mg	24%
Relora® (a proprietary blend of patented extract from <i>Magnolia officinalis</i> bark and a proprietary extract from <i>Phellodendron amurense</i> bark)	250 mg	*
L-Theanine	100 mg	*
Passion Flower (<i>Passiflora incarnata</i>)(flower extract)	100 mg	*
L-5 Hydroxytryptophan (<i>Griffonia simplicifolia</i>)(seed extract)	75 mg	*
Lemon Balm	50 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Vegetable capsule (hydroxypropyl-methylcellulose, water), cellulose, magnesium stearate, silica.

DOES NOT CONTAIN: Gluten, Salt, Preservatives, Artificial Colors or Flavors.

DIRECTIONS: Take one (1) vegetable capsule twice daily.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

TAMPER EVIDENT Do not use if outer seal is broken or missing.

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Distributed by: Vitamin Shoppe, Inc., Secaucus, NJ 07094
Visit www.vitaminshoppe.com or call 1-866-293-3367.

actual size

Dietary Supplement 60 Vegetable Capsules

Item No. VS-1651

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