

Consult a healthcare professional before use if you are pregnant, nursing, have a kidney disorder, hypercalcemia, hypercalciuria, or are taking Coumadin® (warfarin), or any other medications.

©2019 Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Questions? 1-800-9NATURE /
naturesway.com

Keep out of reach of children. Safely sealed with printed inner seal. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

GLUTEN FREE. No sugar, yeast, wheat, dairy products, or artificial colors, or flavors.

◆ L N15839 . B02 BLK8768B

Aquamin® is a registered trademark of Marigot Limited.
†Trademark of its respective company.

Since 1969 Nature's Way

Alive!

Calcium

Bone Formula

MAX ABSORPTION

120 TABLETS • Dietary Supplement

Recommendation: Take 4 tablets daily, preferably with food. For best results, take 2 tablets twice daily with food. Do not exceed recommended dose.

Supplement Facts		
Serving Size 4 Tablets / Servings per Container 30		
Amount per Serving		% DV
Calories	5	
Total Carbohydrate	1 g	<1%†
Vitamin D3 (as cholecalciferol)	100 mcg	500%
Vitamin K2 (menaquinone-7 from Natto (fermented soybean extract))	150 mcg	125%
Calcium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant])	1.3 g	100%
Magnesium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant], and as magnesium citrate and magnesium oxide)	273 mg	65%
Sodium	30 mg	1%

Other ingredients: cellulose, stearic acid, citric acid, sodium croscarmellose, sodium bicarbonate, hypromellose, silica, glycerin
Contains soy.

Amount per Serving		
Orchard Fruits™ & Garden Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Asparagus, Acai, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach		
Organic Greens Blend: Organic Kale (leaf), Organic Collard Greens (leaf), Organic Spinach (leaf)	100 mg	**
Strontium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant])	9 mg	**
Boron (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant])	177 mcg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

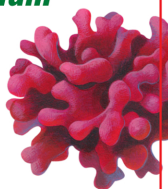


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Plant Source Calcium

Alive!® Calcium is derived from *Lithothamnion* (calcified red algae seaweed sustainably harvested from pristine Icelandic waters).



Easy to Digest & Utilize

While many calcium supplements are sourced from limestone rock or animal bones, Alive!® Calcium provides Aquamin® calcium that may be easier for the body to digest, absorb, and utilize.



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Promotes Healthy Bones*

Adequate calcium intake throughout life, as part of a well-balanced diet and regular exercise, may **reduce the risk of osteoporosis**. Alive!® plant source calcium provides **1,300 mg of calcium** per serving (100% DV), vitamin D3, vitamin K2, magnesium and supportive materials, such as strontium and boron, which promote healthy bones.*

MAX Absorption

Vitamin D3 enhances calcium absorption and utilization.*

Bone Density*

Magnesium helps maintain bone density.*

Gets to Bones

Vitamin K2 (MK-7) directs calcium to the bones where it's needed most.*

Orchard Fruits™ & Garden Veggies™ Powder Blend

Contains 100 mg per serving. Some ingredients include Orange, Blueberry, Carrot, Pomegranate, Plum.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Premium Formula

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Alive!

Calcium

Bone Formula

MAX ABSORPTION

**1,300 mg
PLANT SOURCE
CALCIUM
Per Serving**

With Vitamin D3 • Vitamin K2
Magnesium • Supportive Minerals

120 TABLETS • Dietary Supplement

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