

Warning: Consult a healthcare professional before use if you are pregnant, nursing, have a kidney disorder, hypercalcemia, hypercalciuria, or are taking Coumadin[®] (warfarin), or any other medications.

©2019 Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Questions? 1-800-9NATURE /
naturesway.com

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

GLUTEN FREE. No sugar, yeast, wheat, dairy products, or artificial colors, or flavors.

◆ LN15838.B02 BLK8768B

Aquamin[®] is a registered trademark of Marigot Limited.

†Trademark of its respective company.

SINCE **Nature's Way** 1969

Alive!

Calcium

Bone Formula

MAX ABSORPTION

60 TABLETS • Dietary Supplement

Recommendation: Take 4 tablets daily, preferably with food. For best results, take 2 tablets twice daily with food. Do not exceed recommended dose.

Supplement Facts		Amount per Serving	% DV
Serving Size 4 Tablets		Sodium	30 mg 1%
Servings per Container 15		Orchard Fruits [™] & Garden Veggies [™] Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Asparagus, Acai, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	100 mg **
Amount per Serving	% DV	Organic Greens Blend	100 mg **
Calories	5	Organic Kale (leaf), Organic Collard Greens (leaf), Organic Spinach (leaf)	
Total Carbohydrate	1 g <1%	Strontium (from Aquamin [®])	9 mg **
Vitamin D3 (as cholecalciferol)	100 mcg 500%	calcified mineral source Red Algae <i>Lithothamnion</i> sp. (whole plant)	
Vitamin K2 (menaquinone-7 from Natto (fermented soybean extract))	150 mcg 125%	Magnesium (from Aquamin [®])	273 mg 65%
Calcium (from Aquamin [®])	1.3 g 100%	Aquamin [®] calcified mineral source Red Algae <i>Lithothamnion</i> sp. (whole plant), and as magnesium citrate and magnesium oxide	
calcified mineral source Red Algae <i>Lithothamnion</i> sp. (whole plant)			
Boron (from Aquamin [®])	177 mcg **		
calcified mineral source Red Algae <i>Lithothamnion</i> sp. (whole plant)			

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: cellulose, stearic acid, citric acid, sodium croscarmellose, sodium bicarbonate, hypromellose, silica, glycerin. Contains soy.



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Plant Source Calcium

Alive![®] Calcium is derived from Lithothamnion (calcified red algae seaweed sustainably harvested from pristine Icelandic waters).

Easy to Digest & Utilize

While many calcium supplements are sourced from limestone rock or animal bones, Alive![®] Calcium provides Aquamin[®] calcium that may be easier for the body to digest, absorb, and utilize.

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Promotes Healthy Bones*

Adequate calcium intake throughout life, as part of a well-balanced diet and regular exercise, may reduce the risk of osteoporosis. Alive![®] plant source calcium provides 1,300 mg of calcium per serving (100% DV), vitamin D3, vitamin K2, magnesium and supportive materials, such as strontium and boron, which promote healthy bones.*

MAX Absorption

Vitamin D3 enhances calcium absorption and utilization.*

Bone Density*

Magnesium helps maintain bone density.*

Gets to Bones

Vitamin K2 (MK-7) directs calcium to the bones where it's needed most.*

Orchard Fruits[™] & Garden Veggies[™] Powder Blend

Contains 100 mg per serving. Some ingredients include Orange, Blueberry, Carrot, Pomegranate, Plum.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Premium Formula

SINCE **Nature's Way** 1969

Alive!

Calcium

Bone Formula

MAX ABSORPTION

1,300 mg PLANT SOURCE CALCIUM Per Serving

With Vitamin D3 • Vitamin K2
Magnesium • Supportive Minerals

60 TABLETS • Dietary Supplement

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		Vitamin K2 (menaquinone-7 from Natto (fermented soybean extract))	150 mcg 125%
		Calcium (from Aquamin [®])	1.3 g 100%
		calcified mineral source Red Algae <i>Lithothamnion</i> sp. (whole plant)	
		Magnesium (from Aquamin [®])	273 mg 65%
		calcified mineral source Red Algae <i>Lithothamnion</i> sp. (whole plant), and as magnesium citrate and magnesium oxide	
		Sodium	30 mg 1%
		Orchard Fruits [™] & Garden Veggies [™] Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Asparagus, Acai, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	100 mg **
		Organic Greens Blend: Organic Kale (leaf), Organic Collard Greens (leaf), Organic Spinach (leaf)	100 mg **
		Strontium (from Aquamin [®])	9 mg **
		calcified mineral source Red Algae <i>Lithothamnion</i> sp. (whole plant)	
		Boron (from Aquamin [®])	177 mcg **
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