

Amino acids are the building blocks of protein. Essential amino acids cannot be manufactured by the body and must be obtained through diet or supplementation. Essential Amino Complex provides Free Form essential amino acids to promote optimal absorption and assimilation.

Carefully Manufactured by:
Solgar, Inc.

500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free
1-877-SOLGAR 4
www.solgar.com
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ESSENTIAL AMINO COMPLEX

FREE FORM

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS

30 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving

L-Histidine (Free Form)	75 mg*
L-Isoleucine (Free Form)	75 mg*
L-Leucine (Free Form)	75 mg*
L-Lysine (as L-lysine HCl) (Free Form)	75 mg*
L-Methionine (Free Form)	75 mg*
L-Phenylalanine (Free Form)	75 mg*
L-Threonine (Free Form)	75 mg*
L-Valine (Free Form)	75 mg*

*Daily Value not established

SUGGESTED USE: As a dietary supplement for adults, take one (1) to two (2) vegetable capsules daily, between meals, or as directed by a healthcare practitioner.

Other Ingredients: Vegetable Cellulose, Microcrystalline Cellulose, Vegetable Magnesium Stearate.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

