

Solgar's Essential Amino Complex Vegetable Capsules are free of corn, yeast, wheat, soy, gluten and dairy products and are formulated without the use of artificial preservatives, flavors or colors.

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C). Store away from heat, light and moisture.

Long chains of molecularly bonded, individual amino acids form protein. The body must first break these molecular (peptide) bonds for amino acid absorption to take place. Solgar's free form amino acids are already in their simplest form (no peptide bonds) and can be readily absorbed into the bloodstream.

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free

1-877-SOLGAR 4

[www.solgar.com](http://www.solgar.com)



**ESSENTIAL  
AMINO  
COMPLEX**  
(FREE FORM)  
**DIETARY SUPPLEMENT**  
**30 VEGETABLE CAPSULES**  
SUITABLE FOR VEGETARIANS  
SUGAR, SALT AND STARCH FREE

**Supplement Facts**

**Serving Size 1 Vegetable Capsule**

**Amount Per Serving**

|                            |        |
|----------------------------|--------|
| L-Histidine                | 75 mg* |
| L-Isoleucine               | 75 mg* |
| L-Leucine                  | 75 mg* |
| L-Lysine (as L-lysine HCl) | 75 mg* |
| L-Methionine               | 75 mg* |
| L-Phenylalanine            | 75 mg* |
| L-Threonine                | 75 mg* |
| L-Valine                   | 75 mg* |

\*Daily Value not established.

Other Ingredients: Vegetable Cellulose, Microcrystalline Cellulose, Vegetable Magnesium Stearate.

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) vegetable capsule daily with juice or water, between meals, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Keep out of reach of children.

**CAUTION: PHENYLKETONURICS: (PKU):** This product contains L-Phenylalanine.

Solgar's Essential Amino Complex includes 75 mg each of 8 essential amino acids.

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CAREFULLY MANUFACTURED BY:

**SOLGAR VITAMIN AND HERB, LEONIA, N.J. 07605 U.S.A.**

