

Solgar's Chewable Borage Oil Chewie-Gels™ are free of yeast, wheat, gluten and dairy products and are formulated without the use of artificial preservatives, flavors, or colors.

Each great tasting serving provides 1,650 mg of pure, expeller-pressed borage oil - delivering 300 mg of gamma-linolenic acid (GLA) to provide PMS support, maintain skin health and promote joint mobility.\*

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C). Store away from heat, light and moisture.

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free  
1-877-SOLGAR 4  
[www.solgar.com](http://www.solgar.com)

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TASTES  
GREAT



# CHEWABLE BORAGE OIL 550 mg

Natural Orange Flavor  
DIETARY SUPPLEMENT  
90 CHEWIE-GELS™  
SUGAR, SALT AND STARCH FREE

CAREFULLY MANUFACTURED FOR:  
SOLGAR VITAMIN AND HERB, LEONIA, N.J. 07605 U.S.A.

## Supplement Facts

Serving Size 3 Chewie-Gels™  
Servings Per Container 30

Amount Per Serving	%DV	
Calories	15	
Calories from Fat	15	
Total Fat	2 g	3%*
Saturated Fat	0 g	0%*
Trans Fat	0 g	**
Borage Oil	1650 mg	**
Linoleic Acid	450 mg	**
Gamma-Linolenic Acid	300 mg	**

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\*Daily Value (DV) not established.

† Provides a dietarily insignificant amount of sugar alcohol.

Ingredients: Borage Oil, Gelatin, Vegetable Glycerin, Natural Orange Flavor, Xylitol†, Vegetable Cellulose and Mixed Tocopherols.

SUGGESTED USE: As a dietary supplement for adults, chew thoroughly or swallow three (3) Chewie-Gels™ up to two times a day, preferably at mealtimes, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Keep out of reach of children.

Natural ingredients may exhibit variations in color.

