

Recommendation: Men take 1 tablet daily, preferably with food. Not formulated for women or children. Do not take if you are pregnant or nursing. Do not exceed recommended dose. If you are taking any medications, consult a healthcare professional before use.

GLUTEN FREE. No artificial colors, flavors, or preservatives.

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

Aquamin[®] is a registered trademark of Marigot Limited.

Quatrefolic[®] is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.

◆ LN15691.B01 BLK8652B

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Green Bay, WI 54311 USA
Questions? 1-800-9NATURE / feelalive.com

Nature's Way **Alive!** Once Daily **Men's 50+** ULTRA POTENCY

Orchard Fruits[™] / Garden Veggies[™]
& Daily Greens[™] powder blends (80 mg)

60 TABLETS • Multi-Vitamin Supplement

Supplement Facts		Amount per Serving	% DV
Serving Size 1 Tablet			
Total Carbohydrate		<1 g	<1%
Vitamin A (as 50% (675 mcg) beta carotene, 50% (675 mcg) retinyl acetate)		1,350 mcg	150%
Vitamin C (ascorbic acid)		203 mg	226%
Vitamin D3 (as cholecalciferol)		50 mcg	250%
Vitamin E (as d-alpha tocopheryl succinate)		60 mg	400%
Thiamin (as thiamin mononitrate)		120 mcg	100%
Riboflavin		20 mg	1,667%
Niacin (as niacinamide)		40 mg	250%
Vitamin B6 (as pyridoxine HCl)		34 mg	2,000%
Folate		800 mcg DFE	200%
Vitamin B12 (as methylcobalamin)		90 mcg	3,750%
Biotin		33 mcg	110%
Pantothenic Acid (as D-calcium pantothenate)		20 mg	400%
Choline (as choline bitartrate)		20 mg	4%
Calcium (as Aquamin [®] calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant])		130 mg	10%
Iodine (as potassium iodide)		150 mcg	100%
Magnesium (as Aquamin [®] calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant] and magnesium oxide)		55 mg	13%
Zinc (as zinc oxide)		22 mg	200%
Selenium (as sodium selenate)		200 mcg	364%
Copper (as copper sulfate)		1.8 mg	200%
Manganese (as manganese sulfate)		5.8 mg	252%
Molybdenum (as sodium molybdate)		45 mcg	100%
Potassium (as potassium chloride)		5 mg	<1%
Men's Blend: Saw Palmetto (berry), Lycopene (from Tomato Extract) (1 mg)		101 mg	**
Orchard Fruits [™] / Garden Veggies [™] Powder Blend (Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Watermelon)		60 mg	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.



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Amount per Serving	% DV
Calcium/Folate: Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pear, Pineapple, Pumpkin, Spinach	
Mind & Body Energy Blend: Asian Ginseng Extract (root), Eleuthero (root), <i>Ginkgo biloba</i> Extract (leaf), Gota kola (aerial parts), <i>Rhodiola rosea</i> Extract (root, standardized to 3% Rosavins (0.18 mg), and 1% Salidroside (0.06 mg))	30 mg **
Cardio Blend: Hawthorn (berry), Japanese Knotweed Extract (root) standardized to 50% Resveratrol (1 mg), Coenzyme Q10 (Ubiquinone 10)	20 mg **
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine) providing Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols, and Flavones	20 mg **
Daily Greens [™] Blend providing Amino Acids: Spirulina, Kelp, Alfalfa (leaf, stem, flower), Barley (grass), Blessed Thistle (stem, leaf, flower), Blue-Green Algae (<i>Aphanizomenon flos-aquae</i>) (whole plant), Chlorella (micro-algae), Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass, Nettles (<i>Urtica</i> spp.) (leaf), Plantain (leaf), Wheat (grass)	20 mg **
Digestive Enzyme Blend: Concentrated Enzyme Formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	20 mg **
Inositol	20 mg **
Mushroom Mycelial & Primordia Biomass Defense Blend Organic Reishi (<i>Ganoderma lucidum</i>), Organic Shiitake (<i>Lentinula edodes</i>), Organic Oyster Heritake (<i>Pleurotus ostreatus</i>), Organic EnoKtate (<i>Flammulina velutipes</i>), Organic Matsake (<i>Grifola frondosa</i>), Organic Yamabushitake (<i>Hericium erinaceus</i>), Organic Agarikon (<i>Fomitopsis officinalis</i>), Organic Chaga (<i>Inonotus obliquus</i>), Organic Himematsutake (<i>Agaricus brasiliensis</i>), Organic Kawanatake (<i>Trametes versicolor</i>), Organic Mesima (<i>Phellinus linteus</i>), Organic Zhu Ling (<i>Grifola umbellata</i>)	20 mg **
Rutin (from <i>Sophora japonica</i>) (flower bud) Extract	5 mg **
Lutein (from Aztec marigold)	1 mg **

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Other ingredients: cellulose, stearic acid, sodium croscarmellose, silica, hypromellose, magnesium stearate, glycerin, brown rice

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ULTRA Potency 1x Daily Complete, nutrient-diverse Alive!® multi with food-based blends:

- Orchard Fruits[™]/Garden Veggies[™] powder blend
- Men's blend • Mind & Body Energy blend • Cardio blend
- Citrus Bioflavonoid complex
- Daily Greens[™] blend providing amino acids
- Digestive Enzyme blend
- Mushroom Mycelial & Primordia Biomass Defense blend

- Now with Premium B-Vitamins**
- Featuring the active form of B12
 - Contains Quatrefolic[®] L-Methylfolate, the active form of folate

ULTRA B-Vitamins to help convert food into cellular energy*

Balanced for MEN 50+ to support whole body nutrition:

Bones*

Cells*

Digestion*

Eyes*

Heart*

Immune Health*

Energy Metabolism*

Muscles*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

NOW WITH METHYLATED FOLATE & B12

Nature's Way

Alive!

Once Daily

Men's 50+

ULTRA POTENCY

MULTI-VITAMIN Energizer™ with Food-Based blends

Orchard Fruits[™] / Garden Veggies[™] & Daily Greens[™] powder blends (80 mg), Enzymes, Bioflavonoids

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