

Recommendation: Adults take 1 tablet daily, preferably with food. Not formulated for children. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

Keep out of reach of children. Safely sealed with printed inner seal. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

GLUTEN FREE. No artificial colors, flavors, or preservatives.

Aquamin® is a registered trademark of Marigot Limited.

Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.

◆ LN15679.B01 BLK8649B

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Green Bay, WI 54311 USA
Questions? 1-800-NATURE / feelalive.com

Supplement Facts	Amount per Serving	% DV
Total Carbohydrate	<1 g	<1%
Vitamin A (as 50% [900 mcg] beta carotene and 50% [900 mcg] retinyl acetate)	1,800 mcg	200%
Vitamin D3 (as cholecalciferol)	50 mcg	250%
Vitamin E (as d-alpha tocopheryl succinate)	50 mcg	400%
Vitamin K (as phytylmethylquinone)	120 mcg	100%
Thiamin (as thiamine mononitrate)	20 mg	1,667%
Riboflavin (as riboflavin mononitrate)	20 mg	1,538%
Niacin (as niacinamide)	40 mg	250%
Niacin B6 (as pyridoxine HCl)	34 mg	2,000%
Folate (416 mcg Quatrefolic® brand (6S)-5-methyltetrahydrofolate calcium salt)	400 mcg	100%
Vitamin B12 (as methylcobalamin)	48 mcg	2,000%
Biotin (as D-biotin)	33 mcg	110%
Pantothenic Acid (as D-calcium pantothenate)	25 mg	500%
Choline (as choline bitartrate)	20 mg	4%
Calcium (as Aquamin® calcified mineral source Red Algae Lithothamnion sp. [whole plant])	130 mg	10%
Iron (as ferrous fumarate)	18 mg	100%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as Aquamin® calcified mineral source Red Algae Lithothamnion sp. [whole plant] and magnesium oxide)	55 mg	13%
Zinc (as zinc oxide)	11 mg	100%
Selenium (as sodium selenate)	158 mcg	287%
Copper (as copper sulfate)	0.9 mg	100%
Manganese (as manganese sulfate)	5.8 mg	252%
Molybdenum (as sodium molybdate)	45 mcg	100%
Potassium (as potassium chloride)	5 mg	<1%

*Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.



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Amount per Serving	% DV
Cardio Blend: Hawthorn (berry), Japanese Knotweed Extract (root) (standardized to 50% Resveratrol (1 mg), Coenzyme Q10 (Ubiquinone 10)	20 mg **
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine) providing Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones	20 mg **
Daily Greens™ Blend providing Amino Acids: Spirulina, Kelp, Alfalfa (leaf, stem, flower), Barley (grass), Blessed Thistle (stem, leaf, flower), Blue-Green Algae (Aphanizomenon flos-aquae) (whole plant), Chlorella (micro-algae), Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass, Nettles (Urtica spp.) (leaf), Plantain (leaf), Wheat (grass)	20 mg **
Digestive Enzyme Blend: Concentrated Enzyme Formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	20 mg **
Inositol	20 mg **
Mushroom Mycelial & Primordia Biomass Defense Blend Organic Reishi (Ganoderma lucidum), Organic Shiitake (Lentinula edodes), Organic Oyster Hiratake (Pleurotus ostreatus), Organic Enokitake (Flammulina velutipes), Organic Maitake (Grifola frondosa), Organic Yamabushitake (Hericium erinaceus), Organic Agarikon (Fomitopsis officinalis), Organic Chaga (Inonotus obliquus), Organic Himematsutake (Agaricus brasiliensis/braziliensis), Organic Kawaeratake (Trametes versicolor), Organic Mesima (Phellinus linteus), Organic Zhu Ling (Grifola umbellata)	20 mg **
Rutin (from Sophora japonica) (flower bud) extract	5 mg **
Lutein (from Aztec marigold)	500 mcg **
Lycopene (from tomato extract)	200 mcg **

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Other ingredients: cellulose, stearic acid, sodium crosscarmellose, silica, hypromellose, magnesium stearate, glycerin, brown rice

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ULTRA Potency 1x Daily

Complete, nutrient-diverse Alive!® multi with food-based blends:

- **Orchard Fruits™/Garden Veggies™** powder blend
- **Cardio blend** • **Citrus Bioflavonoid complex**
- **Daily Greens™** blend providing amino acids
- **Digestive Enzyme blend**
- **Mushroom Mycelial & Primordia Biomass Defense blend**

Now with **Premium B-Vitamins**

- Featuring the active form of B12
- Contains Quatrefolic® L-Methylfolate, the active form of folate

ULTRA B-Vitamins

to help convert food into cellular energy*

Whole Body Nutrition

for men and women to help support:

Bones*
Cells*
Digestion*
Eyes*

Heart*
Immune Health*
Energy Metabolism*
Muscles*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Alive!®

Once Daily

Multi-Vitamin

ULTRA POTENCY

ENERGIZER™

with Food-Based blends

Orchard Fruits™ / Garden Veggies™ & Daily Greens™ powder blends (120 mg), Enzymes, Bioflavonoids

60 TABLETS • Multi-Vitamin Supplement

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Orchard Fruits™ / Garden Veggies™ Powder Blend (Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach)	100 mg	**