

OMEGA-3 FISH OIL

EPA | DHA 1000 MG
MOLECULARLY DISTILLED

cardiovascular health^v

brain health^v

eye health^v

OMEGA FATTY ACIDS

Dietary Supplement **240** Softgels



Gluten-Free



Dairy-Free



Soy-Free



Nut-Free

actual size

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	1% [†]
Cholesterol	<5 mg	<1%
Vitamin E (as d-alpha tocopherol)	3 mg (5 IU)	20%

Fish Oil Concentrate	1000 mg	*
providing:		
EPA (Eicosapentaenoic Acid)	300 mg	
DHA (Docosahexaenoic Acid)	200 mg	

[†] Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, glycerin, purified water.

CONTAINS: Fish (anchovy, sardine, mackerel).

DOES NOT CONTAIN: Gluten, Sugar, Salt, Preservatives, Artificial Colors or Flavors.

DIRECTIONS: Take one (1) softgel daily, preferably with a meal.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

Consuming EPA and DHA combined may reduce the risk of CHD (coronary heart disease) by lowering blood pressure.^v However, FDA has concluded that the evidence is inconsistent and inconclusive. One serving of this Omega-3 fish oil provides 500 milligrams of EPA and DHA.

^v These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. TAMPER EVIDENT Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.vitaminshoppe.com
or call 1-866-293-3367.

