

Other ingredients: cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, magnesium stearate, glycerin, brown rice

Recommendation: Adults take 3 tablets daily, preferably with food. Not formulated for children. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Safely sealed with printed inner seal. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

Contains no artificial colors, or preservatives.

◆ LN14929.E01 BLK8004E

Quatrefolic® is a registered trademark of Gnosis S.p.A. (S. Patent No. 7,947,662)

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Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / feelalive.com

Nature's Way
NO ADDED IRON

Alive!

Max³ Daily

Multi-Vitamin

MAX POTENCY

Orchard Fruits™ / Garden Veggies™ & Daily Greens™ powder blends (600 mg per serving)
Enzymes, Bioflavonoids, EFAs

30 TABLETS • Multi-Vitamin Supplement

Supplement Facts

Amount per Serving	% DV
Serving Size 3 Tablets / Servings per Container 10	
Calories 10	
Total Carbohydrate 2 g	1%
Vitamin A (6% (1,809 mcg))	2,700 mcg 300%
Beta carotene and 33% (891 mcg retinyl acetate)	
Vitamin E (ascorbic acid)	1,000 mcg 1,111%
Vitamin B3 (as cholecalciferol)	50 mcg 250%
Vitamin B5 (as alpha-tocopheryl succinate)	100 mcg 667%
Vitamin K (as phytonadione)	120 mcg 100%
Thiamin (as thiamin mononitrate)	20 mg 1,667%
Riboflavin	20 mg 1,538%
Niacin (as niacinamide)	100 mg 625%
Vitamin B6 (as pyridoxine HCl)	45 mcg 2,250%
Pyridoxal-5-phosphate	
Folate (418 mcg Quatrefolic® brand (6S-5-methyltetrahydrofolate glucosamine salt))	400 mcg 100%
Vitamin B12 (as methylcobalamin)	30 mcg 3,333%
Biotin	33 mcg 110%
Pantothenic Acid (as D-Calcium pantothenate)	63 mcg 1,260%
Choline (as choline bitartrate)	30 mg 5%
Calcium (as calcium citrate)	325 mg 25%
Carbonate, D-calcium pantothenate	
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as magnesium oxide)	130 mg 31%

Amount per Serving	% DV
Zinc (as zinc gluconate)	11 mg 100%
Selenium	156 mcg 287%
Iron (L-ascorbic acid)	
Copper (as copper gluconate)	0.9 mg 100%
Manganese (as manganese gluconate)	5.8 mg 252%
Polysorbate (cholate)	
Polysorbate (cholate)	45 mcg 100%
Sodium	10 mg <1%
Potassium (as potassium citrate)	50 mg 1%
Daily Greens™ Blend providing:	400 mg **
Amino Acids: Spirulina, Kelp, Alfalfa (leaf, stem, flower), Barley Grass, Blessed Thistle (plant, root, flower), Blue-Green Algae (Aphanizomenon flos-aquae), Chlorella (micro-algae), Cilantro (leaf), Kale (leaf), Lemon Balm (leaf), Lemongrass, Meliss (Lippia spp.) (leaf), Peppermint (leaf), Wheat Grass	
Orchard Fruits™ & Garden Veggies™ Blend providing:	200 mg **
Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pineapple, Pumpkin, Pumpkin, Squash, Zucchini	
Daily Greens™ Blend providing:	100 mg **
Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pear, Pineapple, Pumpkin, Squash, Zucchini	
Flax Seed Powder, Sunflower Seed Powder	60 mg **
Other Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine) providing hesperidin, naringin, naringenin, Eriodictyon, Flavonols and Flavones	
Eleuthero (root)	50 mg **
Inositol	50 mg **
Rutin (from Sophora japonica) (flower bud extract)	25 mg **
Lutein (from Zeaxanthin)	50 mg **
Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.	

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Amount per Serving	% DV
Chlorella (micro-algae), Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass, Nettie (Asteraceae), Plantain (leaf), Wheat (grass)	
Orchard Fruits™ & Garden Veggies™ Powder Blend	200 mg **
Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pineapple, Pumpkin, Spinach	
Cardio Blend: Hawthorn (berry), Japanese Knotweed Extract (root) standardized to 50% Resveratrol (5 mg), Coenzyme Q10 (CoQ10) (Ubiquinone) 10	100 mg **
Digestive Enzyme Blend: Concentrated Enzyme Formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	100 mg **
Mushroom Mycelial & Primordia Biomass Defense Blend Organic Reishi (<i>Ganoderma lucidum</i>), Organic Shiitake (<i>Lentinula edodes</i>), Organic Oyster Heritake (<i>Pluteus ostreatus</i>), Organic Cordyceps (<i>Flammulina velutipes</i>), Organic Maitake (<i>Flammulina maitake</i>), Organic Lion's Mane (<i>Hericium erinaceus</i>), Organic Agarikon (<i>Fomitopsis officinalis</i>), Organic Chaga (<i>Inonotus obliquus</i>), Organic Himantogaster (<i>Armillariella mellea</i>), Organic Keweenaw (<i>Trametes versicolor</i>), Organic Mesima (<i>Phellinus linteus</i>), Organic Zhu Ling (<i>Auricularia auricula-judae</i>)	100 mg **
Omega 3/6/9 Fatty Acid Seed Blend: Flax Seed Powder, Sunflower Seed Powder	100 mg **
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine) providing hesperidin, naringin, Naringin, Eriodictyon, Flavonols and Flavones	60 mg **
Eleuthero (root)	50 mg **
Inositol	50 mg **
Rutin (from Sophora japonica) (flower bud) Extract	25 mg **
Lutein (from Zeaxanthin)	500 mcg **

**Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

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MAX Potency 3x Daily

The most potent, nutrient-diverse Alive!®

multivitamin tablets with food-based blends:

- **Orchard Fruits™ / Garden Veggies™ powder blend**
- **Daily Greens™** blend providing amino acids
- **Cardio blend • Digestive Enzyme blend**
- **Omega 3/6/9 Fatty Acid seed blend**
- **Mushroom Mycelial & Primordia Biomass Defense blend**
- **Citrus Bioflavonoid complex**

Now with Premium B-Vitamins

- **Featuring the active form of B12**
- **Contains Quatrefolic® L-Methylfolate, the active form of folate**

MAX B-Vitamins

to help convert food into cellular energy*

Whole Body Nutrition

for men and women to help support:



Bones*



Cells*



Digestion*



Eyes*



Heart*



Skin*



Immune Health*



Energy Metabolism*

NOW WITH METHYLATED FOLATE & B12

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ENERGIZER™
with Food-Based blends

Orchard Fruits™ / Garden Veggies™ & Daily Greens™ powder blends (600 mg per serving)
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Vitamin C (ascorbic acid)	1,000 mg 1,111%
Vitamin B3 (as cholecalciferol)	50 mcg 250%
Vitamin E (as d-alpha-tocopheryl succinate)	100 mg 667%
Vitamin K (as phytonadione)	120 mcg 100%
Thiamin (as thiamin mononitrate)	20 mg 1,667%
Riboflavin	20 mg 1,538%
Niacin (as niacinamide)	100 mg 625%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5-phosphate)	45 mcg 2,250%
Folate (418 mcg Quatrefolic® brand (6S-5-methyltetrahydrofolate glucosamine salt))	400 mcg 100%
Vitamin B12 (as methylcobalamin)	80 mcg 3,333%
Biotin	33 mcg 110%
Pantothenic Acid (as D-Calcium pantothenate)	63 mcg 1,260%
Choline (as choline bitartrate)	30 mg 5%
Calcium (as calcium citrate, carbonate, D-calcium pantothenate)	325 mg 25%
Iodine (as potassium iodide and from kelp powder)	150 mcg 100%
Magnesium (as magnesium oxide)	130 mg 31%
Zinc (as zinc gluconate)	11 mg 100%
Selenium (as L-selenomethionine)	158 mcg 287%
Copper (as copper bisglycinate chelate)	0.9 mg 100%
Manganese (as manganese bisglycinate chelate)	5.8 mg 252%
Molybdenum (as sodium molybdate)	45 mcg 100%
Sodium	10 mg <1%
Potassium (as potassium citrate)	50 mg 1%
Daily Greens™ Blend providing Amino Acids	400 mg **
Spirulina, Kelp, Alfalfa (leaf, stem, flower), Barley (grass), Blessed Thistle (stem, leaf, flower), Blue-Green Algae (Aphanizomenon flos-aquae),	