Other ingredients: cellulose, hydroxypropyl cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, magnesium stearate, glycerin, brown rice

Recommendation: Adults take 3 tablets daily, preferably with food. Not formulated for children. Do not exceed recommended dose.

Caution: Individuals with allergies to plants of the *Asteraceae (Compositae)* family, including ragweed, should use this product with caution. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

GLUTEN FREE. No artificial colors, flavors, or preservatives. **Keep out of reach of children.** Safety sealed with printed inner seal. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

LN14927.E01 BLK8005E

Quatrefolic® is a registered trademark of Gnosis S.P.A. U.S. Patent No. 7,947,662.

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Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / feelalive.com

Nature's Way

Alive! Max³ Daily

Multi-Vitamin

MAX POTENCY

Orchard Fruits™ / Garden Veggies™ & Daily Greens™ powder blends (600 mg per serving), Enzymes, Bioflavonoids, EFAs

90 TABLETS • Multi-Vitamin Supplement

Supplement Facts

Serving Size 3 Tablets
Servings per Container 30

Amount per Serving	% DV
Calories 10	
Total Carbohydrate ..... 2 g ..... 1%†	
Vitamin A (as 67% [1,809 mcg] beta carotene and 33% [891 mcg] retinyl acetate) ..... 2,700 mcg	300%
Vitamin C (ascorbic acid) ..... 1,000 mg	1,111%
Vitamin D3 (as cholecalciferol) 50 mcg	250%
Vitamin E (as d-alpha tocopheryl succinate) ..... 100 mg	667%
Vitamin K (as phytonadione) ..... 120 mcg	100%
Thiamin (as thiamin mononitrate) ..... 20 mg	1,667%
Riboflavin ..... 20 mg	1,538%
Niacin (as niacinamide) ..... 100 mg	625%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5'-phosphate) ..... 43 mg	2,529%
Folate ..... 400 mcg DFE (418 mcg Quatrefolic® brand (6S)-5-methyltetrahydrofolate glucosamine salt)	100%
Vitamin B12 (as methylcobalamin) ..... 80 mcg	3,333%
Biotin ..... 33 mcg	110%
Pantothenic Acid (as D-calcium pantothenate) ..... 63 mg	1,260%
Choline (as choline bitartrate) ..... 30 mg	5%
Calcium (as calcium citrate, carbonate, D-calcium pantothenate) ..... 325 mg	25%
Iron (as ferrous bisglycinate chelate) ..... 18 mg	100%
Iodine (as potassium iodide and from kelp) ..... 150 mcg	100%
Magnesium (as magnesium oxide) ..... 130 mg	31%
Zinc (as zinc gluconate) ..... 11 mg	100%
Selenium (as L-selenomethionine) ..... 158 mcg	287%
Copper (as copper bisglycinate chelate) ..... 0.9 mg	100%
Manganese (as manganese bisglycinate chelate) ..... 5.8 mg	252%
Molybdenum (as sodium molybdate) ..... 45 mcg	100%
Sodium ..... 10 mg	<1%
Potassium (as potassium citrate) ..... 50 mg	1%
Daily Greens™ Blend providing ..... 400 mg	**

Amino Acids: Spirulina, Kelp, Alfalfa (leaf, stem, flower), Barley (grass), Blessed Thistle (stem, leaf, flower), Blue Green Algae *(Aphanizomenon flos-aquae)* (whole plant), Chlorella (micro-algae), Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass, Nettle *(Urtica spp.)* (leaf), Plantain (leaf), Wheat (grass)

Orchard Fruits™ & Garden Veggies™ ..... 200 mg ..... **

Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Açai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach

Cardio Blend: Hawthorn (berry), Japanese Knotweed Extract (root) standardized to 50% resveratrol (5 mg), Coenzyme Q10 (ubiquinone 10) ..... 100 mg ..... **

Digestive Enzyme Blend: Concentrated Enzyme Formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain ..... 100 mg ..... **

Mushroom Mycelial & Primordia Biomass Defense Blend: Organic Reishi *(Ganoderma lucidum)*, Organic Shiitake *(Lentinula edodes)*, Organic Oyster Hiratake *(Pleurotus ostreatus)*, Organic Enokitake *(Flammulina velutipes)*, Organic Maitake *(Grifola frondosa)*, Organic Yamabushitake *(Hericium erinaceus)*, Organic Agarikon *(Fomitopsis officinalis)*, Organic Chaga *(Inonotus obliquus)*, Organic Himematsutake *(Agaricus brasiliensis/blazei)*, Organic Kawaratake *(Trametes versicolor)*, Organic Mesima *(Phellinus linteus)*, Organic Zhu Ling *(Grifola umbellate)* ..... 100 mg ..... **

Omega 3/6/9 Fatty Acid Seed Blend: Flax Seed Powder, Sunflower Seed Powder ..... 100 mg ..... **

Citrus Bioflavonoid Complex (from Orange, Grapefruit, Lemon, Lime, Tangerine) Providing Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones ..... 60 mg ..... **

Eleuthero (root) ..... 50 mg ..... **

Inositol ..... 50 mg ..... **

Rutin (from *Sophora japonica*) (flower bud) Extract ..... 25 mg ..... **

Lutein (from Aztec marigold) ..... 500 mcg ..... **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: cellulose, hydroxypropyl cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, magnesium stearate, glycerin, brown rice

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MAX Potency 3x Daily

The most potent, nutrient-diverse Alive!® multivitamin tablets with food-based blends:

- ***Orchard Fruits™/Garden Veggies™*** *powder blend*
- ***Daily Greens™*** *blend providing amino acids*
- ***Cardio*** *blend •* ***Digestive Enzyme*** *blend*
- ***Omega 3/6/9 Fatty Acid*** *seed blend*
- ***Mushroom Mycelial & Primordia Biomass Defense*** *blend*
- ***Citrus Bioflavonoid*** *complex*

Now with Premium B-Vitamins

- *Featuring the active form of B12*
- *Contains Quatrefolic® L-Methylfolate, the active form of folate*

MAX B-Vitamins

*to help convert food into cellular energy**

Whole Body Nutrition

for men and women to help support:

Bones* · Cells* · Digestion* · Eyes* · Heart* · Skin* · Immune Health* · Energy Metabolism*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

NOW WITH METHYLATED FOLATE & B12

Nature's Way

Alive! Max³ Daily

Multi-Vitamin

MAX POTENCY

ENERGIZER™

with ***Food-Based*** *blends*

Orchard Fruits™ / Garden Veggies™ & Daily Greens™ powder blends (600 mg per serving), Enzymes, Bioflavonoids, EFAs

90 TABLETS • Multi-Vitamin Supplement

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