

Recommendation: Take 3 tablets daily, preferably with food. **Caution:** Individuals with allergies to plants of the Asteraceae (Compositae) family, including ragweed, should use this product with caution. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use. Not formulated for children. Do not exceed recommended dose.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

GLUTEN FREE. No sugar, yeast, wheat grain, soy, or artificial colors, flavors, or preservatives. Safely sealed with printed inner seal. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

◆ LN14927.D01 BLK8005D

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Green Bay, WI 54311 USA
Questions? 1-800-9NATURE / naturesway.com

Nature's Way Alive!Max³ DailyMulti-VitaminMAX POTENCY

Orchard Fruits™ / Garden Veggies™ & Daily Greens™ powder blends (600 mg per Serving), Enzymes, Bioflavonoids, EFAs

90 TABLETS • Multi-Vitamin Supplement

Amount per Serving	% DV	Amount per Serving	% DV
Supplement Facts Serving Size: 3 Tablets / Servings per Container: 30 Amount per Serving Calories 5 Total Carbohydrate 2 g Dietary Fiber <1 g Vitamin A 67% [10,000 IU] as Retinyl Palmitate Vitamin B1 100% [2 mg] Vitamin B2 100% [2 mg] Vitamin B3 100% [20 mg] Vitamin B6 100% [2 mg] Vitamin B12 100% [2 mcg] Vitamin C 100% [1,000 mg] Vitamin D 100% [20 IU] Vitamin E 100% [1,000 IU] Vitamin K1 100% [100 mcg] Vitamin K2 100% [100 mcg] Vitamin K3 100% [100 mcg] Vitamin K4 100% [100 mcg] Vitamin K5 100% [100 mcg] Vitamin K6 100% [100 mcg] Vitamin K7 100% [100 mcg] Vitamin K8 100% [100 mcg] Vitamin K9 100% [100 mcg] Vitamin K10 100% [100 mcg] Vitamin K11 100% [100 mcg] Vitamin K12 100% [100 mcg] Vitamin K13 100% [100 mcg] Vitamin K14 100% [100 mcg] Vitamin K15 100% [100 mcg] Vitamin K16 100% [100 mcg] Vitamin K17 100% [100 mcg] Vitamin K18 100% [100 mcg] Vitamin K19 100% [100 mcg] Vitamin K20 100% [100 mcg] Vitamin K21 100% [100 mcg] Vitamin K22 100% [100 mcg] Vitamin K23 100% [100 mcg] Vitamin K24 100% [100 mcg] Vitamin K25 100% [100 mcg] Vitamin K26 100% [100 mcg] Vitamin K27 100% [100 mcg] Vitamin K28 100% [100 mcg] Vitamin K29 100% [100 mcg] Vitamin K30 100% [100 mcg] Vitamin K31 100% [100 mcg] Vitamin K32 100% [100 mcg] Vitamin K33 100% [100 mcg] Vitamin K34 100% [100 mcg] Vitamin K35 100% [100 mcg] Vitamin K36 100% [100 mcg] Vitamin K37 100% [100 mcg] Vitamin K38 100% [100 mcg] Vitamin K39 100% [100 mcg] Vitamin K40 100% [100 mcg] Vitamin K41 100% [100 mcg] Vitamin K42 100% [100 mcg] Vitamin K43 100% [100 mcg] Vitamin K44 100% [100 mcg] Vitamin K45 100% [100 mcg] Vitamin K46 100% [100 mcg] Vitamin K47 100% [100 mcg] Vitamin K48 100% [100 mcg] Vitamin K49 100% [100 mcg] Vitamin K50 100% [100 mcg] Vitamin K51 100% [100 mcg] Vitamin K52 100% [100 mcg] Vitamin K53 100% [100 mcg] Vitamin K54 100% [100 mcg] Vitamin K55 100% [100 mcg] Vitamin K56 100% [100 mcg] Vitamin K57 100% [100 mcg] Vitamin K58 100% [100 mcg] Vitamin K59 100% [100 mcg] Vitamin K60 100% [100 mcg] Vitamin K61 100% [100 mcg] Vitamin K62 100% [100 mcg] Vitamin K63 100% [100 mcg] Vitamin K64 100% [100 mcg] Vitamin K65 100% [100 mcg] Vitamin K66 100% [100 mcg] Vitamin K67 100% [100 mcg] Vitamin K68 100% [100 mcg] Vitamin K69 100% [100 mcg] Vitamin K70 100% [100 mcg] Vitamin K71 100% [100 mcg] Vitamin K72 100% [100 mcg] Vitamin K73 100% [100 mcg] Vitamin K74 100% [100 mcg] Vitamin K75 100% [100 mcg] Vitamin K76 100% [100 mcg] Vitamin K77 100% [100 mcg] Vitamin K78 100% [100 mcg] Vitamin K79 100% [100 mcg] Vitamin K80 100% [100 mcg] Vitamin K81 100% [100 mcg] Vitamin K82 100% [100 mcg] Vitamin K83 100% [100 mcg] Vitamin K84 100% [100 mcg] Vitamin K85 100% [100 mcg] Vitamin K86 100% [100 mcg] Vitamin K87 100% [100 mcg] Vitamin K88 100% [100 mcg] Vitamin K89 100% [100 mcg] Vitamin K90 100% [100 mcg] Vitamin K91 100% [100 mcg] Vitamin K92 100% [100 mcg] Vitamin K93 100% [100 mcg] Vitamin K94 100% [100 mcg] Vitamin K95 100% [100 mcg] Vitamin K96 100% [100 mcg] Vitamin K97 100% [100 mcg] Vitamin K98 100% [100 mcg] Vitamin K99 100% [100 mcg] Vitamin K100 100% [100 mcg]		Other Ingredients: Cellulose, Stearic Acid, Sodium Croscarmellose, Hypromellose, Silica, Magnesium Stearate, Glycerin	



LBN14927.D01 BLK8005D

Amount per Serving	% DV
Lemon Balm (leaf), Lemongrass, Nettle (<i>Urtica</i> spp.) (leaf), Plantain (leaf), Wheat Grass	
Orchard Fruits™ / Garden Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	200 mg **
Cardio Blend: Hawthorn (berry), Japanese Knotweed (root) Extract standardized to 50% resveratrol (5 mg), Coenzyme Q10 (ubiquinone 10)	100 mg **
Digestive Enzyme Blend: Concentrated enzyme formula (Protease I, Protease II, Amylase, Lactase, Pepsinase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	100 mg **
Omega 3/6/9 Fatty Acid Seed Blend	100 mg **
Flax Seed Powder, Sunflower Seed Powder	100 mg **
Organic Mushroom Mycelium Defense Blend: Reishi (<i>Ganoderma lucidum</i>), Shiitake (<i>Lentinula edodes</i>), Oyster (<i>Pleurotus ostreatus</i>), Enoki (<i>Flemmulinga velutipes</i>), Maitake (<i>Grifola frondosa</i>), Yamabushitake (<i>Hericium erinaceus</i>), Agarikon (<i>Fomitopsis officinalis</i>), Chaga (<i>Inonotus obliquus</i>), Himematsutake (<i>Agaricus brasiliensis</i>), Kowaratake (<i>Trametes versicolor</i>), Mesima (<i>Phellinus linteus</i>), Zhu Ling (<i>Grifola umbellata</i>)	100 mg **
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine) providing: Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones	60 mg **
Eleuthero (root)	50 mg **
Inositol	50 mg **
Choline (as choline bitartrate)	30 mg **
Rutin (<i>Sophora japonica</i>) (flower bud) extract	25 mg **
Lutein (from Aztec marigold)	500 mcg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, magnesium stearate, glycerin.

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MAX Potency 3x Daily The most potent, nutrient-diverse Alive!® multivitamin tablets with food-based blends:

- **Daily Greens™** blend providing amino acids
- **Orchard Fruits™/Garden Veggies™** powder blend
- **Cardio blend • Digestive Enzyme blend**
- **Omega 3/6/9 Fatty Acid seed blend**
- **Mushroom Mycelium Defense blend**
- **Citrus Bioflavonoid complex**

MAX B-Vitamins to help convert food into cellular energy*

Whole Body Nutrition for men and women to help support:

Bones*

Cells*

Digestion*

Eyes*

Heart*

Hair/Skin/Nails*

Immune System*

Energy Metabolism*

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Premium Formula

Nature's Way

Alive!

Max³ Daily

Multi-Vitamin

MAX POTENCY

ENERGIZER™

with Food-Based blends

Orchard Fruits™ / Garden Veggies™ & Daily Greens™ powder blends (600 mg per Serving), Enzymes, Bioflavonoids, EFAs

90 TABLETS • Multi-Vitamin Supplement

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Amount per Serving	% DV
Calories 5	
Total Carbohydrate 2 g	<1%†
Dietary Fiber <1 g	3%†
Vitamin A (67% [10,000 IU] as beta carotene, 33% [5,000 IU] as retinyl acetate)	15,000 IU 300%
Vitamin C (ascorbic acid)	1,000 mg 1,667%
Vitamin D (as cholecalciferol)	1,000 IU 250%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU 667%
Vitamin K1 (as phytonadione)	80 mcg 100%
Thiamin (Vitamin B1)	25 mg 1,667%
Riboflavin (Vitamin B2)	25 mg 1,471%
Niacin (as niacinamide)	125 mg 625%
Vitamin B6 (as pyridoxine HCl/ pyridoxal-5-phosphate)	50 mg 2,500%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	200 mcg 3,333%
Biotin	325 mcg 108%
Pantothenic Acid (as D-calcium pantothenate)	125 mg 1,250%
Calcium (as calcium carbonate/citrate/pantothenate)	237 mg 24%
Iron (ferrous bisglycinate chelate)	18 mg 100%
Iodine (as potassium iodide and from kelp)	153 mcg 102%
Magnesium (as magnesium oxide)	125 mg 31%
Zinc (as zinc gluconate)	15 mg 100%
Selenium (as L-selenomethionine)	200 mcg 286%
Copper (as copper bisglycinate chelate)	2 mg 100%
Manganese (as manganese bisglycinate chelate)	5 mg 250%
Molybdenum (as sodium molybdate)	75 mcg 100%
Sodium	10 mg <1%
Potassium (as potassium citrate)	50 mg 1%
Daily Greens™ Blend providing Amino Acids Spirulina, Kelp, Alfalfa (leaf, stem, flower), Barley Grass, Blessed Thistle (stem, leaf, flower), Blue Green Algae (<i>Aphanizomenon flos-aquae</i>) (whole plant), Chlorella (micro-algae), Cilantro (leaf), Dandelion (aerial parts),	400 mg **