Other ingredients: cellulose, hydroxypropyl cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, magnesium stearate, glycerin, brown rice

Recommendation: Adults take 3 tablets daily, preferably with food. Not formulated for children. Do not exceed recommended dose. **Caution:** Individuals with allergies to plants of the *Asteraceae (Compositae)* family, including ragweed, should use this product with caution. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

GLUTEN FREE. No artificial colors, flavors, or preservatives.

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

LN14926.E01 BLK8005E

Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.

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Green Bay, WI 54311 USA
Questions? 1-800-9NATURE / feelalive.com

Nature's Way®

Alive!® Max³ Daily Multi-Vitamin

MAX POTENCY

Orchard Fruits™ / Garden Veggies™ & Daily Greens™ powder blends (600 mg per serving), Enzymes, Bioflavonoids, EFAs

60 TABLETS · Multi-Vitamin Supplement

Supplement Facts

Serving Size 3 Tablets
Servings per Container 20

Amount per Serving	% DV
Calories 10	
Total Carbohydrate 2 g	1%†
Vitamin A (as 67% [1,809 mcg] beta carotene and 33% [891 mcg] retinyl acetate) 2,700 mcg	300%
Vitamin C (ascorbic acid) 1,000 mg	1,111%
Vitamin D3 (as cholecalciferol) 50 mcg	250%
Vitamin E (as d-alpha tocopherol succinate) 100 mg	667%
Vitamin K (as phytonadione) 120 mcg	100%
Thiamin (as thiamin mononitrate) 20 mg	1,667%
Riboflavin 20 mg	1,538%
Niacin (as niacinamide) 100 mg	625%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5'-phosphate) 43 mg	2,529%
Folate 400 mcg (418 mcg Quatrefolic® brand (6S)-5-methyltetrahydrofolate glucosamine salt)	100%
Vitamin B12 (as methylcobalamin) 80 mcg	3,333%
Biotin 33 mcg	110%
Pantothenic Acid (as D-calcium pantothenate) 63 mg	1,260%
Choline (as choline bitartrate) 30 mg	5%
Calcium (as calcium citrate, carbonate, D-calcium pantothenate) 325 mg	25%
Iron (as ferrous bisglycinate chelate) 18 mg	100%
Iodine (as potassium iodide and from kelp) 150 mcg	100%
Magnesium (as magnesium oxide) 130 mg	31%
Zinc (as zinc gluconate) 11 mg	100%
Selenium (as L-selenomethionine) 158 mcg	287%
Copper (as copper bisglycinate chelate) 0.9 mg	100%
Molybdenum (as sodium molybdate) 45 mcg	100%
Sodium 10 mg	<1%
Potassium (as potassium citrate) 50 mg	1%
Daily Greens™ Blend providing 400 mg	**
Amino Acids: Spirulina, Kelp, Alfalfa (leaf, stem, flower), Barley (grass), Blessed Thistle (stem, leaf, flower), Blue Green Algae (*Aphanizomenon flos-aquae*) (whole plant), Chlorella (micro-algae), Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass, Nettle (*Urtica* spp.) (leaf), Plantain (leaf), Wheat (grass) Orchard Fruits™ & Garden Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Açai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach Cardio Blend: Hawthorn (berry), Japanese Knotweed Extract (root) standardized to 50% resveratrol (5 mg), Coenzyme Q10 (ubiquinone 10)	
Digestive Enzyme Blend: Concentrated Enzyme Formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain 100 mg	**
Mushroom Mycelial & Primordia Biomass Defense Blend: Organic Reishi (*Ganoderma lucidum*), Organic Shiitake (*Lentinula edodes*), Organic Oyster Hiratake (*Pleurotus ostreatus*), Organic Enokitake (*Flammulina velutipes*), Organic Maitake (*Grifola frondosa*), Organic Yamabushitake (*Hericium erinaceus*), Organic Agarikon (*Fomitopsis officinalis*), Organic Chaga (*Inonotus obliquus*), Organic Himematsutake (*Agaricus brasiliensis/blazei*), Organic Kawaratake (*Trametes versicolor*), Organic Mesima (*Phellinus linteus*), Organic Zhu Ling (*Grifola umbellate*) 100 mg	**
Omega 3/6/9 Fatty Acid Seed Blend: Flax Seed Powder, Sunflower Seed Powder 100 mg	**
Citrus Bioflavonoid Complex (from Orange, Grapefruit, Lemon, Lime, Tangerine) Providing Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones 60 mg	**
Eleuthero (root) 50 mg	**
Inositol 50 mg	**
Rutin (from *Sophora japonica*) (flower bud) Extract 25 mg	**
Lutein (from Aztec marigold) 500 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: cellulose, hydroxypropyl cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, magnesium stearate, glycerin, brown rice

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MAX Potency 3x Daily

The most potent, nutrient-diverse Alive!® multivitamin tablets with food-based blends:

- ***Orchard Fruits™/Garden Veggies™** powder blend*
- ***Daily Greens™** blend providing amino acids*
- ***Cardio** blend • **Digestive Enzyme** blend*
- ***Omega 3/6/9 Fatty Acid** seed blend*
- ***Mushroom Mycelial & Primordia Biomass Defense** blend*
- ***Citrus Bioflavonoid** complex*

Now with Premium B-Vitamins

- *Featuring the active form of B12*
- *Contains Quatrefolic® L-Methylfolate, the active form of folate*

MAX B-Vitamins

*to help convert food into cellular energy**

Whole Body Nutrition

for men and women to help support:

*Bones** · *Cells** · *Digestion** · *Eyes**

*Heart** · *Skin** · *Immune Health** · *Energy Metabolism**

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

NOW WITH METHYLATED FOLATE & B12

Nature's Way®

Alive!® Max³ Daily Multi-Vitamin

MAX POTENCY

ENERGIZER™ with Food-Based blends

Orchard Fruits™ / Garden Veggies™ & Daily Greens™ powder blends (600 mg per serving), Enzymes, Bioflavonoids, EFAs

60 TABLETS · Multi-Vitamin Supplement

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LBN14926.E01 BLK8005E

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Selenium (as L-selenomethionine) 158 mcg	287%
Copper (as copper bisglycinate chelate) 0.9 mg	100%
Manganese (as manganese bisglycinate chelate) 5.8 mg	252%
Molybdenum (as sodium molybdate) 45 mcg	100%
Sodium 10 mg	<1%
Potassium (as potassium citrate) 50 mg	1%
Daily Greens™ Blend providing Amino Acids: Spirulina, Kelp, Alfalfa (leaf, stem, flower), Barley (grass), Blessed Thistle (stem, leaf, flower), Blue Green Algae (*Aphanizomenon flos-aquae*) (whole plant), Chlorella (micro-algae), Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass, 400 mg	**