Immune System

Supports the Body's Immune Process*

AM Packet

Supplement Facts Serving Size 1 AM Packet (3 capsules)

Serving Size 1 AM Packet (3 capsules) Servings Per Container 30

Amount Per 1 Packet		%Daily Value
Vitamin D (D3, cholecalciferol)	2,000 IU	500%
VS-C Proprietary Blend		350 mg†
Extracts of Dandelion Whole Plant (Taraxacum mongolicum	n), Purslane To	ops (<i>Portulaca</i>
oleracea), Assam Indigo Leaf (Strobilanthes cusia), Assam	n Indigo Root	(Strobilanthes
cusia), Thlaspi arvense Whole Plant, Bupleurum Root (Buple	eurum chinens	e), Typhonium
Rhizome (Typhonium flagelliforme), Scute Root (Scutella	ria baicalensis), Cassia Twig
(Cinnamomum cassia), Chinese Licorice Root (Glycyrrhiza u.	ralensis), Asiar	Ginseng Root
(Panax ginseng)		
Elderberry D3fense Proprietary Blend		405 mg†
Elderberry Fruit Extract (Sambucus nigra), Echinacea Aerial	Parts (Echina	cea purpurea),

White Willow Bark Extract (Salix alba), Royal Jelly, Olive Leaf Extract (Olea europaea)

Colostrum (from milk), Cordyceps Mycelium (*Cordyceps sinensis*) (grown on soy), Reish Mushroom Mycelium (*Ganoderma lucidum*), Maitake Whole Mushroom (*Grifola frondosa*

Beta Glucans (70%, extracted from Saccharomyces cerevisiae)

†Daily Value not established

Other Ingredients: Capsule (gelatin, water), cellulose, silicon dioxide, magnesium stearate.

PM Packet

Daily Value not established.

Supplement Facts

Serving Size 1 PM Packet (2 capsules)
Servings Per Container 30

Amount Per 1 Packet	%	Daily Value
Vitamin D (D3, cholecalciferol)	4,000 IU	1000%
Elderberry D3fense Proprietary Blend Elderberry Fruit Extract (Sambucus nigra), Echinacea Aerial Part	s (<i>Echinacea</i>	405 mg†
White Willow Bark Extract (Salix alba), Royal Jelly, Olive Leaf Ex	The state of the s	
Beta Glucans (70%, extracted from Saccharomyces cerevisiae)		200 mg†
Arabinogalactan		100 mg†
Immune Stimulator Proprietary Blend		110 mg†
Colostrum (from milk), Cordyceps Mycelium (Cordyceps sinensis	s) (grown on s	soy), Reishi
Mushroom Mycelium (Ganoderma lucidum), Maitake Whole Mush	nroom (<i>Grifol</i>	a frondosa)

Other Ingredients: Capsule (gelatin, water), cellulose, silicon dioxide, magnesium stearate.

This 30 day program contains two types of packets marked: **AM** (1 VS-C TCM capsule, 1 Elderberry D3 fense capsule, 1 Immune Stimulator capsule) and **PM** (1 Elderberry D3 fense capsule and 1 Immune Stimulator capsule).

RECOMMENDATION: Take the contents of one AM packet with breakfast; take the contents of one PM packet with your evening meal. Follow this pattern for 30 days. Warning: Pregnant or lactating women should consult their health care provider prior to taking this supplement.

This carton was sealed for your protection. Do not use if seal is missing or damaged. Nature's Sunshine uses natural source materials that are subject to color variation.

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NATURE'S SUNSHINE PRODUCTS, INC.

Spanish Fork, Utah 84660 1-800-223-8225 www.naturessunshine.com Lymphocytes, T-Cells, B-cells and Memory cells all perform specific functions to help our bodies stay healthy. Diet, exercise, sleep, hydration and proper supplementation are all factors that help strengthen the immune system and reduce the stress factors that may weaken it. The ingredients in this 30 day **Immune System** program are formulated and traditionally used to support and stimulate the body's

As we go about our day the immune

system works to protect our body

against free radicals. Phagocytes,

immune functions.*



Immune Stimulator: Promotes immune response by stimulating macrophage, T-cell, B-cell and cytokine activity.*

VS-C TCM: Is a Chinese herbal

combination that has been traditionally

Elderberry D3fense: Contains an

array of herbal ingredients that defend

against the negative effects of seasonal

changes.*

used to support the immune system.*

Immune System

Supports the Body's Immune Function*

DIETARY SUPPLEMENT - 30 DAY PROGRAM 60 PACKETS - (150 Capsules)

^{*}These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.