

Other ingredients: cellulose, stearic acid, sodium croscarmellose, hydroxypropyl, silica, magnesium stearate, glycerin

Recommendation: Take 3 tablets daily, preferably with food. **Caution:** Individuals with allergies to plants of the Asteraceae (Compositae) family, including ragweed, should use this product with caution. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use. Not formulated for children. Do not exceed recommended dose.

GLUTEN FREE: No sugar, yeast, wheat grain, soy, or artificial colors, flavors, or preservatives. Safely sealed with printed inner seal. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

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Green Bay, WI 54311 USA
Questions? 1-800-NATURE / naturesway.com

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Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Alive!

Max³ Daily

Multi-Vitamin

MAX POTENCY

Orchard Fruits™ / Garden Veggies™ & Daily Greens™ powder blends (600 mg per Serving)
Enzymes, Bioflavonoids, EFAs

30 TABLETS • Multi-Vitamin Supplement

Amount per Serving	% DV
Orchard Fruits™ / Garden Veggies™ Powder Blend	200 mg
Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Tea, Pineapple, Pumpkin, Spinach	100 mg
Cardio Blend: Hawthorn (berry), Japanese Knotweed (root) Extract standardized to 50% resveratrol (5 mg), Coenzyme Q10 (ubiquinol 10)	100 mg
Digestive Enzyme Blend: Concentrated enzyme formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	100 mg
Omega 3/6/9 Fatty Acid Seed Blend	100 mg
Flax Seed Powder, Sunflower Seed Powder	100 mg
Organic Mushroom Mycelium Defense Blend	100 mg
Reishi (<i>Ganoderma lucidum</i>), Shiitake (<i>Lentinula edodes</i>), Oyster Heritake (<i>Pleurotus ostreatus</i>), Enokitake (<i>Flemingia velutipes</i>), Maitake (<i>Grifola frondosa</i>), Yamabushitake (<i>Hericium erinaceus</i>), Agarikon (<i>Fomitopsis officinalis</i>), Chaga (<i>Inonotus obliquus</i>), Himematsutake (<i>Agaricus brasiliensis</i>), Kawaratake (<i>Trametes versicolor</i>), Mesima (<i>Phellinus intensus</i>), Zhu Ling (<i>Grifola umbellata</i>)	100 mg
Citrus Bioflavonoid Complex from orange, grapefruit, lemon, lime, tangerine) providing Hesperidin, Naringin, Naringin, Eriocitrin, Flavonols and Flavones	60 mg
Eleuthero (root)	50 mg
Inositol	50 mg
Choline (as choline bitartrate)	30 mg
Rutin (<i>Sophora japonica</i> (flower bud) extract	25 mg
Lutein (from <i>Zizania maritima</i>)	500 mcg

Amount per Serving	% DV
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†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

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MAX Potency 3x Daily

The most potent, nutrient-diverse Alive!® multivitamin tablets with food-based blends:

- **Daily Greens™** blend providing amino acids
- **Orchard Fruits™ / Garden Veggies™** powder blend
- **Cardio blend • Digestive Enzyme blend**
- **Omega 3/6/9 Fatty Acid seed blend**
- **Mushroom Mycelium Defense blend**
- **Citrus Bioflavonoid complex**



MAX B-Vitamins

to help convert food into cellular energy*

Whole Body Nutrition

for men and women to help support:



Bones* Cells* Digestion* Eyes* Heart* Hair/Skin/Nails* Immune System* Energy Metabolism*

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Alive!

Max³ Daily

Multi-Vitamin

MAX POTENCY

ENERGIZER™

with Food-Based blends

Orchard Fruits™ / Garden Veggies™ & Daily Greens™ powder blends (600 mg per Serving)
Enzymes, Bioflavonoids, EFAs

30 TABLETS • Multi-Vitamin Supplement

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Amount per Serving	% DV
Calories	5
Total Carbohydrate	2 g <1%
Dietary Fiber	1 g 3%
Vitamin A (67% (10,000 IU) as beta carotene and 33% (5,000 IU) as retinyl acetate)	15,000 IU 200%
Vitamin C (ascorbic acid)	1,000 mg 1,667%
Vitamin E (as cholecalciferol)	1,000 IU 250%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU 667%
Vitamin K1 (as phytylphosphonate)	80 mcg 100%
Thiamin (Vitamin B1)	25 mg 1,667%
Riboflavin (Vitamin B2)	25 mg 1,471%
Niacin (as niacinamide)	125 mg 625%
Vitamin B6 (as pyridoxine HCl/pyridoxal-5-phosphate)	50 mg 2,500%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	200 mcg 3,333%
Biotin	325 mcg 108%
Pantothenic Acid (as D-calcium pantothenate)	125 mg 1,250%
Calcium (as calcium carbonate/citrate/pantothenate)	237 mg 24%
Iron (as ferrous bisglycinate chelate)	18 mg 100%
Iodine (as potassium iodide and from kelp)	153 mcg 102%
Magnesium (as magnesium oxide)	125 mg 31%
Zinc (as zinc gluconate)	15 mg 100%
Selenium (as L-selenomethionine)	200 mcg 286%
Copper (as copper bisglycinate chelate)	2 mg 100%
Manganese (as manganese bisglycinate chelate)	5 mg 250%
Molybdenum (as sodium molybdate)	75 mcg 100%
Sodium	10 mg <1%
Potassium (as potassium citrate)	50 mg 1%

Daily Greens™ Blend providing Amino Acids: Spirulina, 400 mg
Kelp, Alfalfa (leaf, stem, flower), barley Grass, Blessed Thistle (stem, leaf, flower), Blue Green Algae (Aphanizomenon flos-aquae) (whole plant), Chlorolla (micro-algae), Cilantro (leaf), Dandelion (apical part), Lemon Balm (leaf), Lemongrass, Nettle (Lithraea) (leaf), Plantain (leaf), Wheat Grass