

Recommendation: Adults take 2 softgels daily. Do not chew.

Caution: If you are pregnant, nursing, have kidney dysfunction, or if you are taking any medications, consult a healthcare professional before use.

GLUTEN FREE. No yeast-derived ingredients, wheat, soy, dairy products, or artificial flavors, or preservatives.

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

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Green Bay, WI 54311 USA
Questions? 1-800-9NATURE / feelalive.com

Nature's
Way

Alive!

HAIR, SKIN
& NAILS
MULTI-VITAMIN



ADVANCED Beauty Formula
60 SOFTGELS • DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Softgels / Servings per Container 30

Amount per Serving	% DV
Calories	10
Total Fat	1 g 1%
Vitamin A (as retinyl palmitate)	900 mcg 100%
Vitamin C (ascorbic acid)	90 mg 100%
Vitamin D3 (as cholecalciferol)	50 mcg 250%
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg 100%
Vitamin K (as phytonadione)	120 mcg 100%
Thiamin (as thiamin mononitrate)	2.4 mg 200%
Riboflavin	2.6 mg 200%
Niacin (as niacinamide)	16 mg 100%
Vitamin B6 (as pyridoxine HCl)	3.4 mg 200%
Folate	400 mcg DFE 100%
(240 mcg Folic Acid)	
Vitamin B12 (as cyanocobalamin)	4.8 mcg 200%
Biotin	2.5 mg 8,333%

Other ingredients: sunflower oil, gelatin (softgel), glycerin, yellow beeswax, purified water, sunflower lecithin, natural flavor, caramel color
Contains fish (Tilapia).

Amount per Serving	% DV
Pantothenic Acid (as D-calcium pantothenate)	7.5 mg 150%
Iodine (as potassium iodide)	150 mcg 100%
Zinc (as zinc oxide)	11 mg 100%
Selenium (as L-selenomethionine)	55 mcg 100%
Copper (as copper sulfate)	0.9 mg 100%
Manganese (as manganese sulfate)	2.3 mg 100%
Molybdenum (as sodium molybdate)	45 mcg 100%
Hydrolyzed Collagen Type I	75 mg **
Orchard Fruits™ / Garden Veggies™ Powder Blend: Spinach, Pea, Cabbage, Cauliflower, Asparagus, Broccoli, Brussels Sprout, Cucumber, Apple, Tomato, Acai, Cherry, Grape, Raspberry, Plum, Beet, Carrot, Banana, Blueberry, Pineapple, Strawberry, Cranberry	50 mg **
Hyaluronic Acid	30 mg **
Silica (from Horsetail Stem Extract)	3 mg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.



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BLK9008A

Advanced Beauty Formula for Hair, Skin & Nails*

Supports Lustrous Hair, Strong Nails & Vibrant Skin*

- Collagen Type I
- Biotin
- Silica (from horsetail extract)
- Hyaluronic Acid
- Antioxidants A, C, E, and Selenium
- Vitamin D3, Copper, and Zinc

GLUTEN FREE. No yeast-derived ingredients, wheat, soy, dairy products, or artificial flavors, or preservatives.



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Complete Multi-Vitamin for Everyday Beauty

- **100%+ Daily Value** of 19 vitamins and minerals
- **High Potency B-Vitamins** help convert food into cellular energy*
- **Orchard Fruits™ / Garden Veggies™** 50 mg powder blend per serving

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HAIR, SKIN
& NAILS
MULTI-VITAMIN



ADVANCED Beauty Formula

- Collagen Type I • Biotin
- Silica
- Hyaluronic Acid

60 SOFTGELS
STRAWBERRY FLAVORED
DIETARY SUPPLEMENT

100%+ DV
19 Vitamins and
Minerals

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