

Directions: Take four capsules once per day or as directed by your healthcare practitioner.

MultiMedica™ for Women is a comprehensive multiple vitamin, mineral and herbal supplement, with select amino acids, designed specifically for the unique nutritional requirements of women.

This foundation multiple formula, in easy-to-swallow vegetable capsules, delivers select nutrients to support the bones, thyroid, and adrenals along with broad-spectrum antioxidant protection.* It also features patented Albion® TRAACS® amino acid chelates for optimal mineral absorption.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and those who may become pregnant should not exceed 5,000 IU of pre-formed vitamin A (retinyl palmitate or retinyl acetate) per day. It is also recommended that children under four should not regularly consume more than 2,500 IU per day. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

This Formula Meets or Exceeds cGMP Quality Standards.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

 Albion®, †TRAACS®, ††DimaCal®, ‡Ferrochel® and the Albion Gold Medallion design are registered trademarks of Albion Laboratories, Inc. Malate covered by U.S. Patent 6,706,904 and patents pending.



 **Gluten-Free**
v20.0A-10000NM132



PROFESSIONAL QUALITY FORMULAS

MultiMedica™ for Women

Advanced Vitamin & Mineral Supplement*

120 Vegetable Capsules
DIETARY SUPPLEMENT



Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (75% [7,500 IU] natural mixed carotenoids, 25% [2,500 IU] retinyl palmitate)	10,000 IU 200%	Selenium (as selenium chelate)	100 mcg 143%
Vitamin C (as magnesium ascorbate, zinc ascorbate, potassium ascorbate and calcium ascorbate)	250 mg 417%	Manganese (as manganese bisglycinate chelate)†	500 mcg 25%
Vitamin D3 (as cholecalciferol)	400 IU 100%	Chromium (as chromium nicotinate glycinate chelate)†	500 mcg 417%
Vitamin E (as d-alpha tocopherol succinate)	100 IU 333%	Molybdenum (as molybdenum glycinate chelate)†	50 mcg 67%
Thiamin (Vitamin B1) (as thiamin mononitrate)	20 mg 1,333%	Potassium (as potassium citrate, potassium ascorbate)	99 mg 3%
Riboflavin (Vitamin B2) (as riboflavin-5'-phosphate, riboflavin)	20 mg 1,176%	Microcrystalline Hydroxyapatite Concentrate (MCHC)	130 mg **
Niacin (as niacin and niacinamide)	60 mg 300%	Choline (as choline bitartrate)	60 mg **
Vitamin B6 (as pyridoxal-5'-phosphate)	20 mg 1,000%	Inositol	60 mg **
Folate (as folic acid)	800 mcg 200%	N-Acetyl L-Carnitine hydrochloride	50 mg **
Vitamin B12 (as methylcobalamin)	600 mcg 10,000%	N-Acetyl L-Cysteine (NAC)	50 mg **
Biotin	1,000 mcg 333%	L-Taurine	30 mg **
Pantothenic Acid (as d-calcium pantothenate)	200 mg 2,000%	Asian Ginseng (Panax ginseng) (root)	25 mg **
Calcium (as calcium bisglycinate chelate†, di-calcium malate††, microcrystalline hydroxyapatite concentrate, calcium ascorbate)	100 mg 10%	Red Clover (Trifolium pratense) (flower)	25 mg **
Iron (as ferrous bisglycinate chelate)‡	5 mg 28%	Cranberry (Vaccinium macrocarpon) (berry)	25 mg **
Phosphorus (as pyridoxal-5'-phosphate, riboflavin-5'-phosphate)	4 mg <1%	Para-Aminobenzoic Acid (PABA)	20 mg **
Iodine (as potassium iodide)	150 mcg 100%	L-Lysine (hydrochloride)	20 mg **
Magnesium (as magnesium bisglycinate chelate buffered†, di-magnesium malate and magnesium ascorbate)	200 mg 50%	Rutin	16 mg **
Zinc (as zinc bisglycinate chelate†, zinc ascorbate)	15 mg 100%	Chamomile (Matricaria recutita L.) (flower)	15 mg **
		Chaste (Vitex agnus castus) (berry) extract (4:1)	15 mg **
		Hesperidin	15 mg **
		Wild Yam (Dioscorea villosa) (root) extract	15 mg **
		Quercetin	12 mg **
		R-Alpha Lipoic Acid	10 mg **
		Lutein	75 mcg **

**Daily Value not established.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), magnesium oxide (buffering agent), magnesium stearate (vegetable), silica.

Manufactured for: **NuMedica® LLC** | 9503 E. 55th Place | Tulsa, OK 74145
800.869.8100 | www.numedica.com