

Directions: Take one capsule per day or as directed by your healthcare practitioner.

Methyl-Plex B™ is a comprehensive formula designed to support healthy homocysteine levels and optimal methylation.* The 5-MTHF in this formula – Quatrefolic® – is the most biologically active form of folate, allowing rapid uptake into the bloodstream.* The 5-MTHF in this formula is also known as the "L" form of 5-MTHF since it is the reduced form of folate. B vitamins are provided in their active forms to support enhanced methylation and cardiovascular health.*

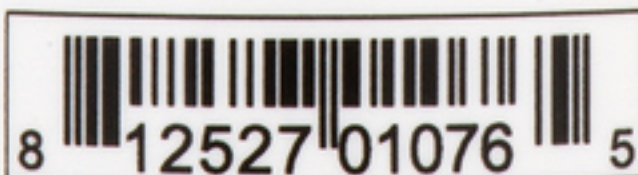
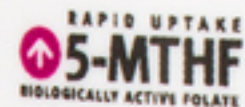
*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

†As Quatrefolic® 5-MTHF. Quatrefolic® is a registered trademark of Gnosis S.p.A. Patent number 7,947,662.



PROFESSIONAL QUALITY FORMULAS

Methyl-Plex B™

**Supports Healthy
Homocysteine Levels***

**60 Vegetable Capsules
DIETARY SUPPLEMENT**



Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Serving		% Daily Value
Riboflavin (Vitamin B2) (as riboflavin-5'-phosphate)	25 mg	1,471%
Vitamin B6 (as pyridoxal-5'-phosphate)	25 mg	1,250%
Folate (400 mcg 6(S)-5-methyltetrahydrofolic acid, glucosamine salt† and 400 mcg folinic acid)	800 mcg	200%
Vitamin B12 (as methylcobalamin)	1,000 mcg	16,667%
Trimethylglycine (as anhydrous betaine)	500 mg	**

**Daily Value not established.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, silica, ascorbyl palmitate, rice flour.

Manufactured for: **NuMedica® LLC**
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GF Gluten-Free

Vegetarian

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