

DIETARY SUPPLEMENT

Carlson

Not for Sale in California

LIQUID CALCIUM

WITH VITAMIN D

250 SOFT GELS

5162-22

Carlson **LIQUID CALCIUM** soft gels provide Calcium and Vitamin D₃. Calcium is helpful in maintaining strong, healthy bones and teeth. This mineral is also associated with a well-functioning nervous system and plays a role in blood and tissue processes. Vitamin D₃ has been added to aid Calcium absorption.*

Supplement Facts

Serving Size 3 Soft Gels
Servings Per Container 83

	Amount Per 3 Soft Gels	% DV
Calories	25	
Calories from Fat	25	
Total Fat	2.5 g	4% ☆
Protein	1 g	2% ☆
Vitamin D ₃ (as cholecalciferol)	1200 IU	300%
Calcium (as calcium carbonate)	1000 mg	100%

☆ Percent Daily Values (DV) are based on a 2000 calorie diet.

Other Ingredients: Beeswax, lecithin (soybeans), medium chain triglyceride oil, soybean oil. Soft Gel Shell: Beef gelatin, glycerin, water, titanium dioxide.

Directions: Take three soft gels daily, preferably at mealtime. Keep bottle tightly closed.

Yeast-free. Wheat-free. Milk-free. Preservative-free. Salt-free. Gluten-free.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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