

**SOURCE NATURALS®**

Non-GMO  
Soy<sup>††</sup>



**BIO  
ALIGN®**

# MENOPAUSE MULTIPLE™

**60 TABLETS**

Dietary  
Supplement

## Supplement Facts

Serving Size 3 Tablets  
Servings Per Container 20

|                                                                    | Amount Per Serving | %DV    |
|--------------------------------------------------------------------|--------------------|--------|
| Calories                                                           | 10                 |        |
| Total Carbohydrate                                                 | 1 g                | <1%*   |
| Vitamin A (as <i>beta</i> -carotene 6,500 IU & palmitate 3,500 IU) | 10,000 IU          | 200%   |
| Vitamin C (as ascorbic acid and calcium ascorbate)                 | 500 mg             | 833%   |
| Vitamin D-3 (as cholecalciferol)                                   | 200 IU             | 50%    |
| Vitamin E (as <i>D-alpha</i> tocopheryl succinate)                 | 200 IU             | 667%   |
| Thiamin (vitamin B-1)                                              | 25 mg              | 1,667% |
| Riboflavin (vitamin B-2)                                           | 25 mg              | 1,470% |
| Niacinamide                                                        | 25 mg              | 125%   |
| Vitamin B-6 (as pyridoxine HCl)                                    | 25 mg              | 1,250% |
| Folate (as folic acid)                                             | 300 mcg            | 75%    |
| Vitamin B-12 (as cyanocobalamin)                                   | 25 mcg             | 417%   |
| Biotin                                                             | 100 mcg            | 33%    |
| Pantothenic Acid (as calcium <i>D</i> -pantothenate)               | 35 mg              | 350%   |
| Calcium (as calcium carbonate, citrate & ascorbate)                | 150 mg             | 15%    |
| Magnesium (as magnesium malate, amino acid complex, and oxide)     | 234 mg             | 59%    |
| Zinc (as zinc methionine sulfate complex [OptiZinc®])              | 6 mg               | 40%    |
| Selenium (as L-selenomethionine)                                   | 100 mcg            | 143%   |
| Manganese (as manganese chelate)                                   | 350 mcg            | 18%    |

|                                                         |             |                                                |         |
|---------------------------------------------------------|-------------|------------------------------------------------|---------|
| Chromium                                                | 100 mcg 83% | Chaste Tree Berry Ext.                         | 75 mg†  |
| (as chromium polynicotinate [ChromeMate®] & picolinate) |             | Dong Quai Root Ext.                            | 50 mg†  |
| Sodium                                                  | 5 mg <1%*   | N-Acetyl Cysteine                              | 50 mg†  |
|                                                         |             | Silymarin                                      | 30 mg†  |
|                                                         |             | (from milk thistle seed ext.)                  |         |
| SoyLife® Non-GMO                                        | 1 g†        | <i>alpha</i> -Lipoic Acid                      | 15 mg†  |
| Isoflavone Complex (from soy)                           |             | Ginkgo Leaf Extract                            | 10 mg†  |
| Yielding:                                               |             | (24% flavone glycosides & 6% terpene lactones) |         |
| Daidzein                                                | 6.7 mg†     | Coenzyme Q10                                   | 7.5 mg† |
| Glycitein                                               | 3.0 mg†     | Licorice Root                                  | 7.5 mg† |
| Genistein                                               | 1.0 mg†     | Boron                                          | 1.5 mg† |
| Total Isoflavones                                       | 20.0 mg†    | (as boron amino acid complex)                  |         |
| Taurine                                                 | 100 mg†     |                                                |         |
| Black Cohosh Root Ext.                                  | 80 mg†      |                                                |         |
| Yielding 2 mg                                           |             |                                                |         |
| Triterpene Glycosides                                   |             |                                                |         |

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: microcrystalline cellulose, stearic acid, acacia gum, modified cellulose gum, silica, and magnesium stearate.

**Suggested Use:** 2 to 3 tablets twice daily with meals.

**WARNING:** Do not use if you are pregnant, may become pregnant, breastfeeding, or taking any form of prescription nitrate such as nitroglycerin. If you are diabetic, consult your health care professional before using this product.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

††Not genetically modified.

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Manufactured for:  
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