

DIETARY SUPPLEMENT

**Carlson**

Not for Sale in California

**LIQUID CALCIUM**

**WITH VITAMIN D**

**100 SOFT GELS**

5161 - 2a

Carlson **LIQUID CALCIUM** soft gels provide Calcium and Vitamin D<sub>3</sub>. Calcium is helpful in maintaining strong, healthy bones and teeth. This mineral is also associated with a well-functioning nervous system and plays a role in blood and tissue processes. Vitamin D<sub>3</sub> has been added to aid Calcium absorption.\*

### Supplement Facts

Serving Size 3 Soft Gels  
Servings Per Container 33

|                                             | Amount Per 3 Soft Gels | % DV |
|---------------------------------------------|------------------------|------|
| Calories                                    | 25                     |      |
| Calories from Fat                           | 25                     |      |
| Total Fat                                   | 2.5 g                  | 4% ☆ |
| Protein                                     | 1 g                    | 2% ☆ |
| Vitamin D <sub>3</sub> (as cholecalciferol) | 1200 IU                | 300% |
| Calcium (as calcium carbonate)              | 1000 mg                | 100% |

☆ Percent Daily Values (DV) are based on a 2000 calorie diet.

Other Ingredients: Beeswax, lecithin (soybeans), medium chain triglyceride oil, soybean oil. Soft Gel Shell: Beef gelatin, glycerin, water, titanium dioxide.

**Directions:** Take three soft gels daily, preferably at mealtime. Keep bottle tightly closed.

Yeast-free. Wheat-free. Milk-free. Preservative-free. Salt-free. Gluten-free.

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by Carlson Division of J.R. Carlson Laboratories, Inc., Arlington Heights, IL 60004

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