

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548
GNC.com
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

310F65406B1



GNC
TOTAL LEAN®

L-CARNITINE COMPLEX

DIETARY SUPPLEMENT



Supports fatty acid metabolism &
helps to fuel muscle recovery*

60 TABLETS
30-DAY SUPPLY

CODE 732296

FTG

DIRECTIONS: As a dietary supplement, take two tablets once daily, 30-60 minutes prior to exercise. On non-training days, take two tablets in the morning.

Supplement Facts

Serving Size Two Tablets/Servings Per Container 30

Amount Per Serving	% Daily Value
Niacin (as Niacinamide)	18 mg 113%
L-Carnitine Tartrate	1 g *
<i>Garcinia cambogia</i> Fruit Extract (50% HCA = 250 mg)	500 mg *
Green Coffee Bean Extract (45% Chlorogenic Acids = 180 mg)(<i>Coffea robusta</i>)	400 mg *
Capsimax® Cayenne Pepper Fruit Extract (<i>Capsicum annuum</i>)	100 mg *
Green Tea Leaf Extract (75% Catechins = 37 mg & 50% EGCG = 25 mg)(<i>Camellia sinensis</i>)	50 mg *
Black Pepper Fruit Extract (<i>Piper nigrum</i>)	5 mg *

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl Cellulose, Croscarmellose Sodium, Crospovidone, Coating (Polyvinyl Alcohol, Titanium Dioxide (Mineral Whitener), Polyethylene Glycol, Talc), Stearic Acid, Silica, Magnesium Stearate, Dicalcium Phosphate.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Niacin may cause a temporary flushing reaction. This product contains EGCG from green tea.

One serving contains 9 mg of caffeine.

Capsimax® is a trademark of OmniActive Health Technologies.