

* This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

To
Promote
Healthy
Vision*



Able Eyes®

60 SOFT GELS

Carlson Dietary
Supplement

93 - 9787

Supplement Facts

Serving Size 1 Soft Gel
Servings Per Container 60

Formulated by ophthalmologist Robert Abel, M.D. to
promote and maintain healthy eyes & lasting vision *

	Amount Per Soft Gel	% DV
Vitamin A (as retinyl palmitate)	5000 IU	100%
Vitamin C (ascorbic acid)	180 mg	300%
Vitamin D3 (as cholecalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopherol from soy)	200 IU	867%
Magnesium (from magnesium oxide)	80 mg	20%
Zinc (from zinc citrate)	7.5 mg	50%
Selenium (from selenomethionine)	70 mcg	100%
Chromium (from chromium glycinate)	120 mcg	100%
DHA (from fish oil)	100 mg	☆
Lutein [extracted from marigolds (Tagetes erecta)(flower)]	6 mg	☆
Zeaxanthin	300 mcg	☆
Bilberry (standardized to 25% anthocyanosides)	50 mg	☆
Citrus Bioflavonoids Complex	50 mg	☆
Quercetin Dihydrate	50 mg	☆
Silymarin [from milk thistle extract (Silybum marianum)(seed)]	50 mg	☆
Taurine	25 mg	☆
NAC (N-Acetyl Cysteine)	20 mg	☆

† Percent Daily Values are based on a 2,000 calorie diet.
☆ Daily Value (DV) not established.

Other ingredients: Lecithin (soybeans), beeswax, lemon oil, soybean oil. Soft Gel Shell: Bees gelatin, glycerin, water, carb. annatto, titanium dioxide.

Contains soy and fish (anchovy, sardine, tuna).

Directions: Adults take 1 soft gel once or twice daily AT MEALTIME.

Salt-free. Yeast-free. Preservative-free. Milk-free. Wheat-free. Gluten-free.

Natural color variations may occur in the soft gel.

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Dist. by Carlson Div. of J.R. Carlson Laboratories, Inc., Arlington Hs., IL 60004

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