

\* This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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## To Promote Healthy Vision\*



# Able Eyes®

60 SOFT GELS

*Carlson* **Dietary Supplement**

4846 - 3b

### Supplement Facts

Serving Size 1 Soft Gel

Servings Per Container 60

#### Amount Per Soft Gel % DV

Vitamin A (as retinyl palmitate)	5000 IU	100%
Vitamin C (ascorbic acid)	180 mg	300%
Vitamin D3 (as cholecalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopherol from soy)	200 IU	667%
Magnesium (from magnesium oxide)	80 mg	20%
Zinc (from zinc citrate)	7.5 mg	50%
Selenium (from selenomethionine)	70 mcg	100%
Chromium (from chromium glycinate)	120 mcg	100%
DHA (from fish oil)	100 mg	☆
Lutein [extracted from marigolds ( <i>Tagetes erecta</i> )(flower)]	6 mg	☆
Zeaxanthin	300 mcg	☆
Bilberry (standardized to 25% anthocyanosides)	50 mg	☆
Citrus Bioflavonoids Complex	50 mg	☆
Quercetin Dihydrate	50 mg	☆
Silymarin [from milk thistle extract ( <i>Silybum marianum</i> )(seed)]	50 mg	☆
Taurine	25 mg	☆
NAC (N-Acetyl Cysteine)	20 mg	☆

Formulated by ophthalmologist Robert Abel, M.D. to promote and maintain healthy eyes & lasting vision \*

† Percent Daily Values are based on a 2,000 calorie diet.

☆ Daily Value (DV) not established.

Other Ingredients: Lecithin (soybeans), beeswax, lemon oil, soybean oil. Soft Gel Shell: Beef gelatin, glycerin, water, carob, annatto, titanium dioxide. Contains soy and fish (anchovy, sardine, tuna).

**Directions:** Adults take 1 soft gel once or twice daily AT MEALTIME.

Salt-free. Yeast-free. Preservative-free. Milk-free. Wheat-free. Gluten-free.

Natural color variations may occur in the soft gel.

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Dist. by Carlson Div. of J.R. Carlson Laboratories, Inc., Arlington Hills, IL 60004  
888-234-5556 • 347-255-1600 • [www.carlsonlabs.com](http://www.carlsonlabs.com)

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