

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

Distributed by:

General Nutrition Corporation

Pittsburgh, PA 15222 USA

GNC
TOTAL LEAN®

PREMIUM CLA 3-6-9

DIETARY SUPPLEMENT

ACTUAL SIZE



CLA plus Omegas 3, 6, & 9

Improves body composition & lean muscle tone*

Fuels energy & fat metabolism without stimulants*

Supports cardiovascular & joint health*

120 SOFTGEL CAPSULES

30-DAY SUPPLY

CODE 488513

HTG

DIRECTIONS: As a dietary supplement, take two softgels twice daily with meals.

Supplement Facts

Serving Size Two Softgels

Servings Per Container 60

Amount Per Serving	% Daily Value
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Calories	30
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Total Fat	3 g 4%†
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CLA	1.7 g *
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(Conjugated Linoleic Acid)(from Safflower Oil)

GLA (gamma-Linolenic Acid)	150 mg *
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(from Safflower Oil)(Omega-6)

Amount Per Serving	% Daily Value
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Oleic Acid	100 mg *
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(from Safflower Oil)(Omega-9)

EPA (Eicosapentaenoic Acid)	92 mg *
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(from Fish Oil)(Omega-3)

DHA (Docosahexaenoic Acid)	58 mg *
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(from Fish Oil)(Omega-3)

MCT (Medium Chain Triglycerides)	50 mg *
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(from Coconut Oil)

† Percent Daily Value based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Glycerin, Rosemary Extract, Mixed Tocopherols.

WARNING: For adult use only. Do not use this product if you are pregnant or lactating. If you are taking medication or have a medical condition, consult a physician before using this product. Discontinue use two weeks prior to surgery. Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors,
Sodium Free, No Wheat, Gluten Free, No Corn, No Dairy.



* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.