

BONE AND MUSCLE HEALTH*



Calcium & Magnesium are essential for healthy bones, teeth and muscle function.* Vitamin D assists in the proper transport and retention of calcium.* This formula is tested and produced to superior quality standards.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



CALCIUM MAG & D

— COMPLEX —

BONE AND MUSCLE FUNCTION*

250 CAPSULES | 3-PART BLEND

DIETARY SUPPLEMENT

Recommendation: Take 3 capsules twice daily, preferably with food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 3 Capsules

Servings per Container 83

Amount per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Vitamin D3 (as cholecalciferol)	5 mcg	25%
Calcium (as calcium carbonate/citrate/malate)	500 mg	38%
Magnesium (as magnesium oxide/citrate/aspartate)	250 mg	60%

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other ingredients: gelatin (capsule), cellulose, magnesium stearate

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, dairy products, or artificial colors, flavors, or preservatives.

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Questions? 1-800-9NATURE /
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