



Premium Herbal Formulas

1.800.446.2110
www.florahealth.com



LOT:
BEST BEFORE:

The oil in Flax-O-Mega® softgels is cold-pressed and unrefined from the highest quality, certified organic flax seeds available. It is carefully extracted in a low-heat, light- and oxygen-free environment. Flax-O-Mega® provides omega-3 (1,100 mg) and omega-6 (300 mg) essential fatty acids (EFAs) per serving. These two EFAs are important for the maintenance of good health. Omega-3 EFA is involved with neurological development and growth.* Flora tests every batch of flax seeds to make sure they're free of gluten.

What are GreenCaps?

GreenCaps are new and innovative vegetarian softgels that replace animal-based gelatin caps.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

moist meadows; flowers in June

VERTUES This is under the

Pliny with the powder

drink, of the

all stoppings and stranglings in

, whether they proceed of pain

, and taketh away

filled with liquorice, raisins, and

good for those that are

that are troubled with the cough,

the passages, and to be

given to those that are bitten or

us creature, being boiled in wine

against the plague, and to be

and being used to smell

to wash the face, not taken fresh, but

to the face, taketh away the spots,

Flax-O-Mega®

Premium Cold-Pressed
Flax Seed Oil • Omega-3 & -6
Non-GMO • Gluten-Free

Dietary Supplement



180 VEGETARIAN SOFTGELS



Supplement Facts

Serving Size 2 softgels (1000 mg ea)
Servings Per Container 90

Amount Per Serving	% Daily Value
Calories 20	
Total Fat 2g	3%**
Polyunsaturated Fat 1.5g	†
Linolenic acid (omega-3) 1,100 mg	†
Linoleic acid (omega-6) 300 mg	†
Oleic acid (omega-9) 300 mg	†

† Daily Value not established.
**Percent Daily Value based on a 2,000 calorie diet.

INGREDIENTS: Flax seed oil in a softgel of modified food starch, carrageenan (seaweed extract), glycerin, sorbitol, water and caramel (color).

CAUTION: Manufactured in a facility that also processes mustard and wheat.

DISTRIBUTED BY: FLORA INC.,
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PRODUCT OF USA 61418C-R05

SUGGESTED USE: Take 2 softgels three times a day with meals. Store at room temperature. Keep out of reach of children. **Security sealed for your protection. Do not use if seal is missing or damaged.**