

## BODY FORTRESS® BCAA TRI-AMINO COMPLEX

Body Fortress® has formulated a powerful blend of the three Branched Chain Amino Acids that many "Industry Insiders" consider to be very important for any serious bodybuilders or athletic program. Isoleucine, Leucine and Valine, collectively known as BCAAs, are combined with high potency B-6 to take your training to another level.\*

### Body Fortress® BCAA Tri-Amino Complex Benefits:

- Provides dual benefits since BCAAs can be used to build protein or broken down in muscle to supply a direct source of energy\*
- Provides muscle nitrogen support for a variety of metabolic functions, which can be especially important during heavy training.\*
- BCAAs are critical for bodybuilders as they make up a large percentage of the amino acid composition of muscle.\*
- BCAAs are also the only aminos that are directly metabolized in the muscle as opposed to the liver.

ENHANCED WITH HIGH-POTENCY VITAMIN B-6, WHICH PLAYS AN ESSENTIAL ROLE IN BCAA METABOLISM FOR OPTIMAL USAGE.\*

**Directions:** For adults, take two (2) softgels before or after your training session. As a reminder, discuss the supplements and medications you take with your health care providers.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**BODY FORTRESS®**  
YOUR BODY. YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit [www.bodyfortress.com](http://www.bodyfortress.com).

# 30 SERVINGS

**BODY FORTRESS®**

**MUSCLE NITROGEN SUPPORT\***

# BCAA

## TRI-AMINO COMPLEX

- > CONTAINS VITAMIN B6 TO OPTIMIZE BCAA METABOLISM\*
- > BUILDS PROTEIN & SUPPORTS ENERGY PRODUCTION\*

DIETARY SUPPLEMENT

60 SOFTGELS

## Supplement Facts

Serving Size 2 Softgels  
Servings Per Container 30

Amount Per Serving		%Daily Value
Vitamin E (as dl-Alpha Tocopheryl Acetate)	4 IU	13%
Vitamin B-6 (as Pyridoxine Hydrochloride)	8 mg	400%
L-Leucine	600 mg	**
L-Isoleucine	250 mg	**
L-Valine	250 mg	**

\*\*Daily Value not established.

**Other Ingredients:** Soybean Oil, Gelatin, Glycerin, Soy Lecithin, Titanium Dioxide Color.

**FREE OF:** yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, artificial flavor, sodium (less than 5 mg per serving).

**WARNING:** If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

**KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**



Carefully Manufactured by  
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