

1.800.446.2110
www.florahealth.com



Pure Premium Oil

Flora DHA Flax Oil is a vegetarian source of cold-pressed, unrefined docosahexaenoic acid (DHA) blended with Flora Flax Oil to provide vegetarian (algae-derived) DHA. DHA is an omega-3 fatty acid that is important in all stages of life.* In adults, DHA supports healthy brain function.* Flora's DHA Flax Oil is pressed from flax seeds that have been carefully selected for flavor and maturity. Each and every batch of flax seed is also tested to ensure it is gluten-free.

The seeds are pressed in a state-of-the-art, low-heat, light- and oxygen-free environment—then bottled in light-resistant, amber glass to ensure maximum nutritional value and freshness. A serving of Flora's DHA Flax Oil provides 7 g omega-3 and 2 g omega-6 essential fatty acids (EFA) for the maintenance of good health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DHA Flax Oil

*Supports cognitive function
and overall health & well-being**

Vegan • Gluten-Free

Dietary Supplement

8.5 FL. OZ.
(250 mL)

Supplement Facts

Serving Size 1 Tbsp. (15 mL)

Servings Per Container about 16

Amount Per Serving	% Daily Value
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Calories 120	
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Total Fat 13 g	17%*
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Saturated Fat 1 g	5%*
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Polyunsaturated Fat 9 g	†
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Monounsaturated Fat 2.5 g	†
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Omega-3 fatty acids 7 g	†
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ALA (alpha-linolenic acid) 7 g	
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DHA (docosahexaenoic acid) 100 mg	
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Omega-6 LA (linoleic acid) 2 g	†
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Omega-9 OA (oleic acid) 2.5 g	†
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† Daily Value not established.

* Percent Daily Value based on a 2,000 calorie diet.

INGREDIENTS: Organic flax seed oil, algal oil (*Schizochytrium* sp.), organic rosemary leaf extract**, high oleic sunflower seed oil, tocopherols**, ascorbyl palmitate**. (** as antioxidant)

CAUTION: Manufactured in a facility that also processes mustard and wheat.

MANUFACTURED BY: FLORA, INC., 805 E. BADGER RD. LYNDEN, WA 98264 1.800.446.2110 67890-R10

SUGGESTED USE: Shake well before using. Take 1 tsp. one to three times daily with meals. **FOR OPTIMUM FRESHNESS, KEEP REFRIGERATED AND USE WITHIN 8 WEEKS AFTER OPENING.** Can be frozen to maintain freshness. **DO NOT** heat or use for frying. **One serving of Flora DHA Flax Oil provides 100 mg of DHA Omega-3 fatty acids.** (See Supplement Facts panel for fat content.) **Security sealed for your protection. Do not use if seal is missing or damaged.**

