

1.800.446.2110
www.florahealth.com



Pure Premium Oil



LOT:
BEST BEFORE:

Flora DHA Flax Oil is a vegetarian source of cold-pressed, unrefined docosahexaenoic acid (DHA) blended with Flora Flax Oil to provide vegetarian (algae-derived) DHA. DHA is an omega-3 fatty acid that is important in all stages of life.* In adults, DHA supports healthy brain function.* Flora's DHA Flax Oil is pressed from flax seeds that have been carefully selected for flavor and maturity. Each and every batch of flax seed is also tested to ensure it is gluten-free.

The seeds are pressed in a state-of-the-art, low-heat, light- and oxygen-free environment—then bottled in light-resistant, amber glass to ensure maximum nutritional value and freshness. A serving of Flora's DHA Flax Oil provides 7 g omega-3 and 2 g omega-6 essential fatty acids (EFA) for the maintenance of good health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

meadows; flowers in June.

es:—This is wonder the
y saith, that he doo
or the decoction of the seed
ppings and sennel
her they proceed of pain
taketh them away. The
ith liquorice, this is
for those that are short
e troubled with the cough,
ssages, and
o those that are bitten or
ture, being couched
the plague, and decocted
e root being used to smell
the root taken fresh, being
head, taketh away
n rheums and thin distilla-
white wine, and the drop
ke down the dimmer
teb herein. It
ny inward sores or wounds,
wounds, and draweth any

DHA Flax Oil

*Supports cognitive function
and overall health & well-being**

Vegan • Gluten-Free

Dietary Supplement



17 FL. OZ.
(500 mL)

Supplement Facts

Serving Size 1 Tbsp. (15 mL)
Servings Per Container about 33

Amount Per Serving	% Daily Value
Calories 120	
Total Fat 13 g	17%*
Saturated Fat 1 g	5%*
Polyunsaturated Fat 9 g	†
Monounsaturated Fat 2.5 g	†
Omega-3 fatty acids 7 g	†
ALA (alpha-linolenic acid) 7 g	
DHA (docosahexaenoic acid) 100 mg	
Omega-6 LA (linoleic acid) 2 g	†
Omega-9 OA (oleic acid) 2.5 g	†

† Daily Value not established.
* Percent Daily Value based on a 2,000 calorie diet.

INGREDIENTS: Organic flax seed oil, algal oil
(*Schizochytrium* sp.), organic rosemary leaf extract**

high oleic sunflower seed oil, tocopherols**,
ascorbyl palmitate**. (** as antioxidant)

CAUTION: Manufactured in a facility that also
processes mustard and wheat.

MANUFACTURED BY: FLORA, INC.,
805 E. BADGER RD., LYNDEN, WA 98264
1.800.446.2110 67892-R09

SUGGESTED USE: Shake well before using.
Take 1 tbsp. one to three times daily with
meals. **FOR OPTIMUM FRESHNESS, KEEP
REFRIGERATED AND USE WITHIN 8 WEEKS
AFTER OPENING.** Can be frozen to main-
tain freshness. **DO NOT** heat or use for
frying. **One serving of Flora DHA Flax Oil
provides 100 mg of DHA Omega-3 fatty
acids.** (See Supplement Facts panel for
fat content.) **Security sealed for your
protection. Do not use if seal is missing
or damaged.**

