#### Premium Herbal Formulas

## (PLORA)

Certified Organic

### FloraLax®

All Natural Fiber Formula
Flax Seed, Psyllium Husks,
& Oat Bran

Dietary Supplement

NET WT. 7 oz. (198 g)





# PLORA

### **Supplement Facts**

Serving Size 1 tbsp. (5 g) Servings Per Container about 40

Amount Per Serving	% Daily Value
Calories 30	
Total Fat 0.5 g	1 %*
Total Carbohydrate 4 g	1 %*
Dietary Fiber 4 g	14 %*
Protein 1 g	
A Proprietary Blend of 5 g	
Organic Defatted Flax Seed	†
Organic Psyllium Seed Husks	†
Organic Oat Bran	†
* Parcent Daily Values based on a 2 00	O carlaria diat

\* Percent Daily Values based on a 2,000 carlorie diet. † Daily Value not established.

**CAUTION:** Manufactured in a facility that also processes mustard and wheat.

MANUFACTURED BY FLORA INC., 805 E. BADGER RD. LYNDEN WA 98264 1.800.446.2110 • www.florahealth.com CERTIFIED ORGANIC BY QAI 68027-R07 FloraLax® provides a good source of high-quality, all-natural fiber to support healthy bowel movements.\* Taken on a daily basis the dietary fiber (4 g per serving) in FloraLax® which comes from organic flax seeds, organic psyllium husks, and organic oat bran helps maintain bowel regularity.\*

**SUGGESTED USE:** Take 1 tablespoon up to 3 times daily in at least 8 oz. of water or juice. Mix well and drink immediately. For a tasty alternative, add to yogurt or cereal, or sprinkle on soups and salads. Drink plenty of fluids. Store at room temperature. For optimal freshness, keep refrigerated after opening.

Keep out of reach of children. Security sealed for your protection. Do not use if seal is missing or damaged.

**CAUTION:** Consult a health care practitioner prior to use if experiencing abdominal pain, nausea, vomiting, or are pregnant.

This product is sold by weight, not volume.

No additives, colorings, or artificial preservatives.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not inteded to diagnose, treat, cure, or prevent any disease.

LOT: Best before:

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