

PLANETARY[®]
HERBALS

THYROID LIFT™

SUPPORTS HEALTHY THYROID*
60 TABLETS

HERBAL SUPPLEMENT
Formulated by
Michael Tierra L.Ac, O.M.D

Michael Tierra

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 30

	Amount Per Serving	%DV
Calories	5	
Total Carbohydrate	1 g	<1%*
Vitamin A (as palmitate)	1,500 IU	30%
Vitamin C (as ascorbic acid)	125 mg	208%
Vitamin D-3 (as cholecalciferol)	500 IU	125%
Vitamin E (from vitamin E succinate & <i>D-alpha</i> tocopherol)	160 IU	533%
Riboflavin (vitamin B-2)	12.5 mg	735%
Niacin (vitamin B-3)	20 mg	100%
Vitamin B-6 (as pyridoxine HCl)	50 mg	2,500%
Folate (as folic acid)	200 mcg	50%
Vitamin B-12 (as cyanocobalamin)	100 mcg	1,667%
Calcium	82 mg	8%
Pantothenic Acid (vitamin B-5)	50 mg	500%
Iodine (as potassium iodide)	112 mcg	75%
Zinc (as zinc citrate)	8 mg	53%
Selenium (as sodium selenite)	100 mcg	143%
Copper (as copper sebacate)	1 mg	50%
Manganese (as manganese citrate)	1 mg	50%

Proprietary Blend: 1.72 g †
gamma-Vitamin E Complex, *N*-Acetyl-L-Tyrosine, Guggul Extract, Ashwagandha Root Extract, Holy Basil Leaf Extract, Astragalus Root Extract, Antler Velvet, Fo-ti Root, and Forskohlii Root Extract.

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: dibasic calcium phosphate, stearic acid, silicified microcrystalline cellulose, modified cellulose gum, and silica.

Contains soy.

THYROID LIFT™ is a unique, clinically derived herbal-nutrient complex, designed to support healthy thyroid function and metabolic efficiency. The formula features guggul, a gum resin from India, shown in preclinical research to promote healthy thyroid activity. Additional key nutrients and botanicals are included to support the body's normal production of thyroid hormones.*

Suggested Use: 2 tablets twice daily with or without food.

CAUTION: If you are pregnant, may become pregnant, breastfeeding, or taking any prescription drug, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Manufactured for:
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