

NON-ACIDIC - MILD TASTE - DISSOLVES EASILY



**Carlson**

VITAMIN C SUPPLEMENT with CALCIUM

**MILD•C**

**VITAMIN C CRYSTALS**

**Net Wt. 35 oz (2.2 lb)(1000 g)**

3084 - 2b

- ◆ MILD IN THE STOMACH ◆ NON-ACIDIC TO TEETH
- ◆ HYPOALLERGENIC ◆ DISSOLVES EASILY IN LIQUID
- ◆ TRY IN JUICE! ◆ MILD TASTE IN WATER

Vitamin C is an essential antioxidant nutrient. It is necessary for the building of collagen, maintaining teeth and gum tissue health, and normal functioning of the body's natural defenses.\*

Carlson **MILD•C CRYSTALS** is pure Calcium Ascorbate, a buffered form of Vitamin C. There is evidence that the acidity of the ascorbic acid form of Vitamin C may irritate sensitive stomachs and may harm teeth. Calcium Ascorbate is a non-acidic form of Vitamin C that is mild in the stomach and gentle to the teeth.\*

**MILD•C CRYSTALS** is usually well-tolerated by food sensitive individuals as this product consists solely of high-quality Calcium Ascorbate - no free ascorbic acid is present.

#### Supplement Facts

Serving Size 1/2 Teaspoonful (1 level green scoopful - 2 g)  
Servings Per Container 500

	Amount Per 1/2 Teaspoonful	% Daily Value
Vitamin C	1600 mg	2667%
Calcium	180 mg	18%

Ingredient: Calcium ascorbate.

**Directions:** Take one level 1/2 teaspoonful once or twice daily for dietary supplementation. Stir into juice or beverage.

This product is sold by weight, not volume.

Keep bottle tightly closed. Store away from heat and moisture.

Vegetarian. Preservative-free. Sugar-free. Wheat-free. Yeast-free. Citrus-free. Salt-free. Gluten-free.

**\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

This container has been carefully filled by weight to contain 1000 grams, which is 1 kilogram or 35 ounces, and does not completely fill the container. This amount fills approximately 3/4 of the container.

Distributed by Carlson Division of J. R. Carlson Laboratories, Inc.  
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888-234-5656 • 847-255-1600 • [www.carlsonlabs.com](http://www.carlsonlabs.com)  
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**POTENCY & QUALITY GUARANTEED**

DO NOT ACCEPT IF CLEAR OUTER WRAPPING AROUND  
CONTAINER IS DAMAGED OR MISSING

