


**ORGANIC
INDIA™**

VITAL
Lift

WITH
FERMENTED
HERBS

**Fermented Adaptogens
for Energy & Vitality***



SINGLE SERVING DIETARY SUPPLEMENT NET WT. 1 OZ. (3g)

Supplement Facts

Serving Size 1 pouch (3g)
Servings Per Container 1

	Amount Per Serving	% Daily Value**
Calories	10	
Total Carbohydrate	2g	1%
Dietary Fiber	1g	4%
Calcium	48mg	4%
Iron	1mg	6%
Sodium	15mg	1%
Potassium	60mg	1%
Organic Fermented Ashwagandha (root)	1.6g	†
Organic Fermented Tulsi (Holy Basil) Blend	0.9g	†
Holy Basil (<i>Ocimum sanctum</i>) (Krishna & Rama varieties) (leaf)		
East Indian Basil (<i>Ocimum gratissimum</i>) (Vana variety) (leaf)		
Organic Fermented Amla (fruit)	0.5g	†

**Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

GLUTEN FREE • KOSHER • VEGAN

DISTRIBUTED BY: **ORGANIC INDIA USA**
BOULDER, CO 80301 USA 1-888-550-8332
organicindia.com

Certified Organic by: QAI



To enjoy while pregnant or nursing, consult a physician before use.

⚠ WARNING: Reproductive Harm - www.P65Warnings.ca.gov

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

1.2"x0.25."
clear for date code

Blend 1 pouch in water, juice or smoothie. →

Find recipes at
organicindia.com

Organic fermented adaptogens, Tulsi, Ashwagandha & Amla, blend to support natural energy, vitality & the body's natural stress response.*

*Pictured is
one of our beloved
small family farmers.*

