

## TRADITIONAL ADAPTOGEN\*

The root of the Suma plant has been used in wellness practices in Brazil for centuries. It is called "para todo" (meaning "for all things") by native Brazilians because of its traditional adaptogenic properties.\* At Nature's Way®, we believe nature knows best. That's why our mission is to seek out the best herbs the earth has to give. It's the way we deliver uncompromising quality and help you live healthier.

◆ LG17400.B01 BLK8302B



\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



# SUMA — ROOT —

TRADITIONAL ADAPTOGEN\*



100 VEGAN CAPSULES | 1,500 MG per Serving

DIETARY SUPPLEMENT

**Recommendation:** Take 3 capsules three times daily. If you are pregnant, nursing, or taking any medications, consult a health-care professional before use.

## Supplement Facts

Serving Size 3 Capsules

Servings per Container 33

Amount per Serving	% DV	
Total Carbohydrate	<1 g	<1%†
Dietary Fiber	<1 g	3%†
Suma (root)	1.5 g	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. \*\*Daily Value not established.

Other ingredients: plant-derived capsule (hypromellose), magnesium stearate

**Keep out of reach of children.** Safety sealed with printed inner seal. Do not use if seal is broken or missing.

**GLUTEN FREE.** No salt, wheat, corn, soy, dairy products, yeast-derived ingredients, or artificial colors, flavors, or preservatives.

©2019 Nature's Way Brands, LLC  
Green Bay, WI 54311 USA

**Questions?** 1-800-9NATURE /  
naturesway.com



BOTTLES MADE FROM 97% POST-CONSUMER RECYCLED PLASTIC

