

PLANETARY®
HERBALS

ST. JOHN'S WORT EXTRACT

STANDARDIZED TO 0.3% HYPERICINS
FOR EMOTIONAL WELL-BEING*

300 MG • 45 TABLETS

HERBAL SUPPLEMENT
Approved by
Michael Tierra LAc, O.M.D

Michael Tierra

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Calcium	31 mg	3%
St. John's Wort Aerial Parts	300 mg	†
Standardized Extract 0.3%		
Yielding 0.9 mg Hypericins		
†Daily Value not established.		

Other ingredients: diatomic calcium phosphate, stearic acid, modified cellulose gum, silica, and magnesium stearate.

Suggested Use: 1 tablet three times daily. For best results use this product for at least 6 weeks.

WARNING: Do not use this product while taking any medication or if you have a medical condition, without the advice of your physician or pharmacist. St. John's wort is known to interfere with many prescription and non-prescription drugs, including oral contraceptives, antibiotics, antidepressants, anticoagulants, antihistamines, immunosuppressants, corticosteroids, diabetes drugs, antiviral, antiseizure, anticancer and cardiovascular drugs. It may also cause increased photosensitivity; limit exposure to UV radiation. If you are pregnant, may become pregnant, or breastfeeding, consult your healthcare professional before using this product.

St. John's wort has historically been used to support a state of mental well-being.* Modern research has confirmed this traditional use. Each tablet yields a minimum of 0.9 mg of hypericins.

Created for Planetary Herbals by licensed acupuncturist and clinical herbalist Michael Tierra.

NOTE: Natural plant variation may affect tablet color.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:
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