PRODRENE® is an all-in-one complete power, endurance and muscle mass building powder with protein, carbohydrates, creatine, EFA's, Tongkat Ali and more! Whey protein has long been considered the "Gold Standard" of protein for serious athletes who work hard to develop and sustain a lean, strong and well-defined physique. They know the protein they choose makes a difference in their performance, making whey the preferred protein for athletes of all types. PRODRENE® has a balanced source of the essential amino acids are the building blocks for healthy muscles, skin, nails and other body tissue.†

Key features:

- Low in fat
- High in protein
- Fortified with creatine monohydrates and L-glutamine
- Contains a powerful complex that includes: EFA's, BCAA's Tongkat Ali, Rhodiola Rosea and Alpha Lipoic Acid
- · Contains Glucosamine & MSM for joint support

How do I use PRODRENE®?:

SUGGESTED USE: Two scoops, taken daily with water, juice or beverage of choice as a dietary supplement or as directed by a heath care professional. Best if taken one hour before or after eating.

CAUTION: Not recommended for individuals with allergies to dairy products and should not be used by pregnant or nursing mothers or children under 18 years of age without the advice of a physician. This product is intended to supplement the diet with additional protein and should not be used as a meal replacement. Not for use as part of a weight loss program without the direct supervision of a health care professional. Excessive protein intake may result in impaired kidney function. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, eggs, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.







26g PROTEIN

SPORTS/FITNESS[†]



CINNAMON VANILLA FLAVOR

Supplement Facts

Serving Size 2 scoops (65g) Servings Per Container: 14

Amount Per Serving			
Calories 230	Calories from	Fat 20	
	%Daily	Value [™]	
Total Fat 2.5 g		4%	
Saturated Fat 1 g		5%	
Trans Fat 0 g			
Cholesterol 55 mg	18%		
Sodium 120 mg	5%		
Potassium 140 mg		4%	
Total Carbohydrate 26 g		9%	
Dietary Fiber 1 g		4%	
Sugars 3 g		0000000	
Protein 26g		52%	
Vitamin B-6 (pyridoxine hydrochloride)	25mg	1250%	
Calcium	100mg	10%	
Magnesium (citrate)	6.5mg	2%	
Zinc (methionine)	3.25mg	22%	
Creatine Monohydrate	5,000mg	*	
L-Glutamine	2,500mg	*	
Cinnamon Bark Powder	1,000mg	*	
Glucosamine Hydrochloride	500mg	*	
MSM (methylsulfonylmethane)	500mg	*	
Tribulus Terrestris (45% extract) (fruit)	250mg	*	
Tongkat Ali Root Extract (Eurycoma longi	folia) 250mg	*	
Rhodiola rosea Root Extract	50mg	*	
Alpha Lipoic Acid	25mg	.*	

Amount Per Serving	%Dail	y Value**	
Branch Chain Amino Acid Complex:			
L-Isoleucine	1423.5mg	*	
L-Leucine	2353.0mg	*	
L-Valine	1319.3mg	*	
Essential Amino Acid Complex			
L-Arginine	531.4mg	*	
L-Histidine	402.6mg	*	
L-Lysine	2035.5mg	*	
L-Methionine	447.3mg	*	
L-Phenylalanine	736.9mg	*	
L-Threonine	1487.1mg	*	
L-Tryptophan	471.0mg	*	
Additional Amino Acid Complex	x:		
L-Alanine	1088.2mg	*	
L-Aspartamine	2503.3mg	*	
L-Cystine	402.9mg	*	
L-Glutamine	6429.5mg	*	
L-Glycine	468.0mg	*	
L-Proline	1387.9mg	*	
L-Serine	1160.0mg	*	
L-Tyrosine	593.6mg	*	
Essential Fatty Acid Complex: (including) Alpha-Linoleic Acid (Omega-3)	995mg	*	

Linoleic Acid (Omega-3) (naxseed)

Oleic Acid (Omega-9) (flaxseed)

Other Fatty Acids & Phytonutrients (flaxseed)

**Percent Daily Values are based on a 2000 calorie diet *Daily Value not established.

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Other ingredients: Whey protein concentrate, maltodextrin, flaxseed, natural flavors, soy lecithin, xanthan gum, sucralose.

ALLERGEN WARNING: CONTAINS MILK (WHEY) AND SOY (LECITHIN).

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

