ENERGY*

With a rich history in both Siberian and Chinese cultures, Rhodiola is an adaptogenic herb that grows in high altitudes in cooler. drier climates like Scandanavia, Russia, and Canada, Rhodiola promotes energy and

mental stamina.*

♠ LG15321.01 BLK8121





*PREMIUM EXTRACT *-

RHODIOLA

ENERGY*



60 VEGAN CAPSULES | 250 MG per Serving

Recommendation: Take 1 capsule twice daily, preferably before meals. For best results, take in the morning and at mid-day.

Warning: Do not use if taking antidepressant medications. If pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule **Amount per Serving**

% DV

Rhodiola Root Extract 250 ma** standardized to 3% rosavins (7.5 mg), 1% salidroside (2.5 mg)

Other ingredients: cellulose, plant-derived capsule (hypromellose), silica, magnesium stearate

**Daily Value (DV) not established.

sealed with printed inner seal. Do not use if seal is broken or missing. GLUTEN FREE. No sugar, salt, yeast, wheat, soy, corn, dairy products, artificial colors, flavors, or preservatives.

Keep out of reach of children. Safety

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