

LONGEVITY
AND VITALITY*



Gotu Kola has been used in Asian cultures like India, China, and Indonesia for years. Gotu Kola is a member of the parsley family, and is natively grown in Southern and Eastern Asia, and South Africa. At Nature's Way®, we believe nature knows best. That's why our mission is to seek out the best herbs the earth has to give. It's the way we deliver uncompromising quality and help you live healthier.

◆ LG14008.A02 BLK8118A



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



GOTU KOLA
—HERB—

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180 VEGAN CAPSULES | 950 MG per Serving

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules daily, preferably with food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Capsules

Servings per Container 90

Amount per Serving	% DV
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Gotu Kola (aerial parts)	950 mg**
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**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose), magnesium stearate

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, yeast, wheat, soy, corn, dairy products, or artificial colors, flavors, or preservatives.

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Questions? 1-800-9NATURE /
naturesway.com



BOTTLES MADE
FROM 97%
POST-CONSUMER
RECYCLED PLASTIC

