

REDUCES STRESS*

The usage of Ashwagandha dates back over 3,000 years. It is a traditional ayurvedic herbal that is native to India, the Middle East, and Africa. We combined our Ashwagandha with Asian Ginseng, native to areas like South Korea and China. The result is an adaptogenic blend unique to Nature's Way®.*

◆ LG12725.01 BLK9185



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



✱ PREMIUM BLEND ✱

STRESS DEFENSE

ASHWAGANDHA &
ASIAN GINSENG



30 VEGAN CAPSULES | 500mg per Serving
DIETARY SUPPLEMENT

Recommendation: Adults take 1 capsule daily with food. **Warning:** Do not use if you are pregnant. If nursing, diabetic, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Ashwagandha (Sensoril® brand) root and leaf Extract	250 mg	**
Asian Ginseng root Extract standardized to 2% ginsenosides (5 mg)	250 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: plant-derived capsule (hypromellose), cellulose, magnesium stearate

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, dairy products, or artificial colors, flavors, or preservatives.

Sensoril® is protected under U.S. Patent No. 7,318,938, and is a registered trademark of Natreon, Inc.

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Questions? 1-800-9NATURE /
naturesway.com



BOTTLES MADE
FROM 97%
POST-CONSUMER
RECYCLED PLASTIC

