



4 scoops

Mixed with favorite beverage



16+ oz.



shake well

Suggested Use: Consume 1-4 scoops depending on your calorie and protein requirements. For each scoop, add 4-6 ounces of cold water, milk or your favorite beverage to a shaker cup or blender and mix for 30-45 seconds. Vary the amount of liquid to meet your desired taste and consistency. Using nonfat milk instead of water will give you a thicker, creamier shake.

Between Meals: Consume between meals to maintain positive nitrogen balance and support a high-calorie diet. ‡

Post-Workout: Consume 30 minutes following exercise to replenish glycogen and support maximum recovery. ‡

HIGH CALORIE ENHANCED PEPTIDE EXTREME MASS GAINER PROTEIN

Extreme Mass uses a scientifically advanced protein formula that feeds your muscle with 53 grams of amino packed protein in a steady stream lasting up to 3 hours. 70% of the total protein comes from pure WPC 80 for quick absorption into muscle, and 30% comes from pure Micellar Casein for sustained release protein absorption. ‡

- NO INFERIOR PROTEINS

NO GLUTEN, SOY or FILLERS
- NO ION EXCHANGE WHEY

NO PROTEIN SPIKING
- NO PROPRIETARY BLENDS

NO TRANS FAT or DEXTROSE
- NO HIDDEN INGREDIENTS

NO BANNED SUBSTANCES

HIGH CONCENTRATION OF BCAAs & AMINO ACIDS

Shown is the typical amino acid profile per serving which is derived from whey protein and micellar casein only. Absolutely no ingredients have been added to spike protein values.

Essential Amino Acids (EAAs)		Conditionally Essential Amino Acids (CAAs)		Nonessential Amino Acids (NAAs)	
Tryptophan	1443mg	Arginine	1469mg	Aspartic Acid	4898mg
Valine **	3223mg	Cysteine	56mg	Serine	2568mg
Threonine	3112mg	Tyrosine	2034mg	Glycine	1045mg
Isoleucine **	3263mg	Histidine	1149mg	Alanine	2189mg
Leucine **	5181mg	Proline	4041mg		
Lysine	4480mg	Glutamic Acid (Glutamine Precursor)	9790mg		
Phenylalanine	1909mg				
Methionine	1150mg				

** Branched Chain Amino Acids

SINCE 1996

MANUFACTURED IN OUR GMP & FDA INSPECTED FACILITY

FDA Registration: 16906175560

NO AMINO SPIKE FREE

NUTRABIO

NON-GMO | KOSHER | GLUTEN & SOY FREE

EXTREME MASS

ADVANCED ANABOLIC MASS GAINER‡

650 CLEAN CALORIES | NO ADDED SUGARS | 4-HOUR PROTEIN RELEASE

6lb Natural Flavoring Dietary Supplement Net Wt. 6lb (2722g)



STRAWBERRY PASTRY

MADE IN OUR GMP & FDA INSPECTED FACILITY

53G PROTEIN

12G BCAAs



Supplement Facts

Serving size: 4 scoops (173.08 grams)
Servings per container: 15.72

Amount Per Serving	1 Serving (4 scoops)	%DV	1/2 Serving (2 scoops)	%DV	Amount Per Serving (scoops)	1 Serving (4 scoops)	%DV	1/2 Serving (2 scoops)	%DV
Calories	650		325		Phosphorus (potassium phosphate)	420mg	40%*	210mg	20%*
Calories from Fat	50		25		Iodine (potassium iodide)	202mcg	130%*	101mcg	70%*
Total Fat	6g	9%*	3g	5%*	Magnesium (magnesium oxide)	126mg	30%*	63mg	15%*
Saturated Fat	4g	22%*	2g	11%*	Zinc (zinc citrate)	15mg	100%*	7.5mg	50%*
Cholesterol	115mg	38%*	55mg	19%*	Selenium (selenium chelate)	70mcg	100%*	35mcg	50%*
Total Carbohydrate	99g	33%*	50g	17%*	Copper (copper oxide)	2mg	100%*	1mg	50%*
Dietary Fiber	5g	21%*	3g	11%*	Chromium (chromium nicotinate chelate)	120mcg	100%*	60mcg	50%*
Sugars	6g	†	3g	†	Sodium	180mg	8%*	90mg	4%*
Protein	53g	106%*	27g	53%*	Potassium (potassium phosphate)	470mg	14%*	235mg	6%*
Vitamin A (palmitate)	5031 IU	100%*	2516 IU	50%*					
Vitamin C (ascorbic acid)	60mg	100%*	30mg	50%*	Maltodextrin (Long-Chain Polymeric Fraction: <4% mono-disaccharides, 34% oligosaccharides, 62% hemicellulose or higher)	94.5g	†	47.3g	†
Vitamin D (cholecalciferol)	400 IU	100%*	200 IU	50%*	Whey Protein Concentrate (47.7g WPC80 yielding 37g of complete protein per serving)(CFM cross flow micro-filtered. Cold processed. Instantized with sunflower lecithin.)	47.7g	†	23.8g	†
Vitamin E (dl-α-tocopheryl acetate)	30 IU	100%*	15 IU	50%*	Micellar Casein (19.8g MC yielding 16g complete protein per serving. Cold processed. Instantized with sunflower lecithin.)	19.8g	†	9.9g	†
Vitamin K (phytonadione)	80mcg	100%*	40mcg	50%*	MCT Coconut Powder (medium chain triglyceride oil from coconut, soluble corn fiber, sodium caseinate, sunflower lecithin, silicon dioxide (flow agent))	3.2g	†	1.6g	†
Thiamin (thiamine mononitrate)	1.5mg	100%*	750mcg	50%*	Digestive Resistant Maltodextrin (Fibersol2®)	5.4g	†	2.7g	†
Riboflavin (Vitamin B2)	2.1mg	120%*	1mg	60%*					
Vitamin B3 (niacinamide)	20mg	100%*	10mg	50%*					
Vitamin B6 (pyridoxine HCl)	2mg	100%*	1mg	50%*					
Folic Acid	400mcg	100%*	200mcg	50%*					
Vitamin B12 (methylcobalamin)	6mcg	100%*	3mcg	50%*					
Biotin	300mcg	100%*	150mcg	50%*					
Pantothenic Acid (Vitamin B5)	10mg	100%*	5mg	50%*					
Calcium	690mg	70%*	345mg	35%*					
Iron	797mcg	4%*	398 mcg	2%*					

Other Ingredients (per serving): Flavoring (natural flavor 1.3g, malic acid 160mg, sucralose 85mg, acesulfame potassium 40mg, salt 30mg), beet powder (color) 180mg. Contains: Milk, Coconut. Kosher, Non-GMO, Gluten, Soy and BSE/TSE Free. This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED DURING THE SHIPPING AND HANDLING. STORE IN A COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



FULL LABEL DISCLOSURE

NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

CHECK. VERIFY. TRUST. View Independent Lab Results

CHECKMYSUPPS.COM

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