

TRADITIONALLY USED
TO NOURISH BLOOD AND
HARMONIZE VITAL ENERGY*

Dong Quai dates back to ancient Chinese wellness practices, originating in writing as early as the 1st century BC. Dong Quai's traditional uses of harmonizing vital energy and nourishing blood were thought to be two important principles in Chinese culture to help the body return to a state of well-being.* This is believed to be the origin of the name Dong Quai, which loosely translates to "state of return."

◆ LG12375.A02 BLK8113A



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE
FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT
INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



DONG QUAI — ROOT —

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50 VEGAN CAPSULES | 1,130 MG per Serving

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules three times daily. **Warning:** Do not use if pregnant, nursing, have a blood clotting disorder, or are taking blood thinning medication. If taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Capsules
Servings per Container 25

Amount per Serving	% DV
Total Carbohydrate	<1 g <1%†
Dong Quai (root)	1.13 g **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: plant-derived capsule (hypromellose), magnesium stearate

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, corn, dairy products, or artificial colors, flavors, or preservatives.

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Questions? 1-800-9NATURE /
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BOTTLES MADE
FROM 97%
POST-CONSUMER
RECYCLED PLASTIC

