





Suggested Use: As a dietary supplement, mix 1 heaping scoop of PRE EXTREME into 12-14 ounces of water and consume 30-45 minutes prior to resistance training. Vary the amount of water to achieve your desired flavor level. PRE is extremely powerful, first time users should begin use with 1/2 scoop or less to assess your tolerance. DO NOT EXCEED 1 SCOOP IN ANY 24 HOUR PERIOD OR USE MORE THAN 5

NON-GMO GLUTEN FREE

DAYS IN ANY 7 DAY PERIOD.

Warning: KEEP OUT OF REACH OF CHILDREN. This product is only intended to be consumed by healthy adults 18 years of age or older. Do not use if you are pregnant, breast feeding, sensitive to caffeine, have known medical conditions (including but not limited to kidney, heart or liver disease) or are taking prescription or OTC medication(s). Consult with your health care practitioner before using this product. Do not use under extreme conditions of heat, CARDIOVASCULAR EXERTION or dehydration. CONTAINS CAFFEINE. Do not use with caffeine or stimulant-containing medications, foods or beverages because too much caffeine may cause nervousness, irritability, sleeplessness and occasionally rapid heartbeat. Discontinue use and consult with your health care professional if you experience any adverse reaction to this product. Do not exceed recommended serving. If you are a professional, college, or amateur athlete whose given sports conduct in and out of competition random drug screens, this product contains n-methyl tyramine which should not be taken. It is possible this compound could lead to a positive drug test for certain banned substances. Discontinue use two weeks prior to surgery.

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on www.carnosyn.com and registered trademark CarnoSyn®, Calci-K® and Creatine MagnaPower® are registered trademarks of Albion

Laboratories, Inc. Chelate covered by U.S. Patent 6,114,379. Inc. Cluster Dextrin ® is a registered trademark of Glico Nutrition Co., Inc. Nitrosigine® and the Nitrosigine® logo are registered trademarks of Nutrition 21, LLC. Nitrosigine® is patent protected.















Natural & Artificial Flavoring

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Ar	Amount Per servir
Calories	09
Total Carbohydrate	15g
Vitamin C (as ascorbic acid USP)	150mg
Vitamin B3 (as niacin)	30mg
Vitamin B6 (as pyridoxine HCI)	50mg
Vitamin B12 (as methylcobalamin)	150mcg
Calcium (Calci-K®)	95mg
Phosphorus (Calci-K®)	89mg
Magnesium (Creatine MagnaPower®)	40mg
Sodium	60mg
Potassium (Calci-K®)	80mg

MANUFACTURED IN OUR INSPECTED FACILITY









