

PROMOTES PHYSICAL
ENDURANCE AND
MENTAL STAMINA*

With a rich history in both Siberian and Chinese cultures, Rhodiola is an adaptogenic herb that grows in high altitudes in cooler, drier climates like Scandanavia, Russia, and Canada and promotes energy and mental stamina.*

◆ LG08934.A01 BLK893A



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



✱ PREMIUM EXTRACT ✱

RHODIOLA ENERGY

PROMOTES PHYSICAL
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40 VEGAN CAPSULES | 410 MG per Serving
DIETARY SUPPLEMENT

Recommendation: Adults: Take 2 capsules in the morning on an empty stomach 30 minutes before a meal. May begin with 1 capsule daily and gradually increase to 2 capsules. **Warning:** Do not use if you are taking antidepressant medications, or if you are under 18 years of age. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Capsules
Servings per Container 20

Amount per Serving	% DV
Rhodiola (root) Extract standardized to 3% Rosavins (12.3 mg), and 1% Salidroside (4.1 mg)	410 mg**

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose), cellulose, magnesium stearate, silica

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, corn, wheat, soy, dairy products, or artificial colors, flavors, or preservatives.

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Questions? 1-800-9NATURE /
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BOTTLES MADE
FROM 97%
POST-CONSUMER
RECYCLED PLASTIC

