FOR OCCASIONAL CONSTIDATION*

At Nature's Way®, we believe nature knows best. That's why our mission is to seek out the best herbs the earth has to give. We will go to any continent or country to find where herbs grow best, so we can bring you the purest botanicals possible. It's the way we deliver uncompromising quality and the way to help you live healthier. It's not iust our way, it's Nature's Way.™ ▲ LG08416.B01 BLK841B

Nature's

-X PREMIUM BLEND X-

LAXATIVE-3 **BLEND**

FOR OCCASIONAL CONSTIPATION*



60 VEGAN TABLETS | 7-PART BLEND

DIETARY SUPPLEMENT

Recommendation: Take 2 tablets at bedtime with 8 oz of water. Reduce dosage if you experience abdominal discomfort or diarrhea. If discomfort persists, discontinue use. Do not take more than 2 tablets in a 24-hour period or use the maximum dosage for more than 7 days as frequent or prolonged use may result in dependence.

Supplement Facts

Serving Size 2 Tablets Servings per Container 30

Amount per Serving % DV Total Carbohydrate <1%† Magnesium (as Magnesium Hydroxide) 722 mg Sodium 5 mg Magnesium Hydroxide 1.7 a Proprietary Mucilage Blend 433 ma Marshmallow Root Extract, Slipperv

Elm Bark, Fenugreek Seed Extract

Fennel Seed, Ginger Rhizome

Proprietary Soothing Blend

Extract, Peppermint Leaf †Percent Daily Values (DV) are based on a 2,000 calorie

diet. **Daily Value not established. Other ingredients: cellulose, sodium croscarmellose, stearic acid, hypromellose, magnesium stearate, glycerin, silica

BOTTLES MAD POST-CONSUMER Warning: Do not use this product if you are pregnant. RECYCLED PLASTIC

100 ma

failure to move bowels after use may indicate a serious condition. If you experience any of these symptoms. discontinue use and consult a healthcare professional. This product contains Slippery Elm, Slippery Elm should not be taken together with any medication as it may

interfere with their absorption. Keep out of reach of children. Safety sealed with printed

attempting to become pregnant, or under the age of 12.

disease, or if you are taking any medications, consult a

present. If you are nursing, have diabetes, a kidney

change in bowel habits that persist over two weeks.

consult a healthcare professional. Rectal bleeding or

Do not use when abdominal pain, nausea, or vomiting are

healthcare professional before use. If you notice a sudden

inner seal. Do not use if seal is broken or missing. Contains no yeast-derived ingredients, soy, dairy products. or artificial colors, flavors, or preservatives.

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