For over 40 years, Vitamin World has pioneered the manufacture of premium nutritional supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. We guarantee it.

TO REORDER PROD. #17312 www.vitaminworld.com 1-800-228-4533



Carefully Manufactured by Vitamin World, Inc.

80 Ronkonkoma, NY 11779 U.S.A.

2012 Vitamin World, Inc.

ULTRA MAN

50 PLUS

Performance Formula Targeted for Men over 50

HIGH POTENCY

TIMED PRELEASE

120 COATED CAPLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Caplets Servings Per Container 60

Amount Per Serving	%Da	ily	Value
Vitamin A (as Beta-Carotene and Vitamin A Acetate)	5,000	IU	100%
Vitamin C (as Ascorbic Acid)	300	mg	500%
Vitamin D (as D3 Cholecalciferol)	2,000	IU	500%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30	IU	100%
Vitamin K (as Phytonadione)	80	mcg	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	30	mg	2,000%
Riboflavin (Vitamin B-2)		mg	1,765%
Niacin (as Niacinamide)		mg	150%
Vitamin B-6 (as Pyridoxine Hydrochloride)		mg	1,500%
Folic Acid		mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100	mcg	1,667%
Biotin	500	mcg	167%
Pantothenic Acid (as d-Calcium Pantothenate)	30	mg	300%
Calcium	290	mg	29%
(as Calcium Carbonate, Dicalcium Phosphate and			
Iodine (as Potassium Iodide)		mcg	100%
Magnesium (as Magnesium Oxide)	100		25%
Zinc (as Zinc Oxide)		mg	167%
Selenium (as Sodium Selenate)	200	mcg	286%
Copper (as Cupric Oxide)	2	mg	100%
Manganese (as Manganese Gluconate)		mg	100%
Chromium (as Chromium Picolinate)	200	mcg	167%
Molybdenum (as Sodium Molybdate)		mcg	100%
Potassium (as Potassium Chloride)	30	mg	1%
Choline Bitartrate	10	mg	,
Inositol		mg	
Boron (as Sodium Tetraborate)		mg	,
Vanadium (as Sodium Metavanadate)	10	mcg	,
UM50+ Amino Acid Blend	50	mg	,
L-Glutamine, L-Valine, L-Cysteine, L-Leucine, L-Is	alamata a		Ale La called a

Taurine, Acetyl-L-Carnitine, L-Arginine, L-Carnitine

Amount Per Serving %Daily Value

UM50+ Bio-Active Blend 120 mg
Flax (*Linum usitatissimum*) (seed), Saw Palmetto Extract (*Serenoa repens*) (fruit), Pumpkin Seed (*Cucurbita pepo*), Oyster Extract, Maca Extract (*Lepidium meyenii*) (root) (0.6% Macamides and Macaenes), Lycopene

UMA50 + Herhal Blend 70 mg
Citrus Bioflavonoid Complex (Citrus spp.) (truit), Carrot Extract, Broccoli
Extract, Grape Seed Extract (Vitis vinitera), Bilberry (Vaccinium myrillius)
(truit), Elderberry (Sambucus nigra) (truit), Black Currant (Ribes nigrum)
(truit), Alpha Lipoka Acid, Super Oxfod Elsmattase, Co-Fazyme O10,
Reseveratrol (Polygonum cuspidatum) (root), Pine Bark Extract (Pinus
niasster) Adstractific Complex "Pasyantifila Litudes".

pinaster), Astaxanthin Complex, Zeaxanthin, Lutein
UM50+ Vitality Blend 100 mg
Green Tea (Camellia sinensis) (leaf), Cavenne Pepper

(Capsicum annuum) (fruit), Śpirulina, Ginkgo Biloba (Ginkgo biloba) (leaf), Neuro PS® Phosphatidylserine

*Daily Value not established.

Other Ingredients: Vegetable Cellulose. Contains <2% of: Calcium Silicate, Gelatin, Vegetable Magnesium Stearate, Vegetable Stearic Acid. Contains milk and sov ingredients.

DIRECTIONS: For adult men, take two (2) caplets daily, preferably with meals.

No Artificial Color or Flavor, No Preservatives, No Sugar, No Gluten, No Wheat.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.